

**Shabbat, 30<sup>TH</sup> November 2024 /29<sup>TH</sup> Cheshvan 5785**  
**Shabbat Toldot**

**Shabbat Service Times**

Shacharit

9.30am

No Mincha Service

Shabbat Ends

4.54pm

Ma'ariv at Ilford Federation

5.10pm

Next Friday: Candle Lighting

3.38pm

Kabbalat Shabbat



*This week's Cranbrook News is kindly sponsored by Leesa Wolf and Laurence Holman to celebrate their mum, Myrtle Holman's, 90th birthday.*



To Janice and Raymond Glazer on their 55th (Sapphire) Wedding Anniversary.

To Cynthia and Barrie Meredeen on their 55th (Sapphire) Wedding Anniversary.

To Marian Arbiter, Hannah Grant, Mendel Markinson and Anita Sears on their respective Birthdays.

*This week's Kiddush is kindly sponsored by Myrtle Holman to celebrate her 90<sup>th</sup> birthday.*

**Torah Reading**

Leyning: Toldot

Shalom Winer

Sefer Genesis 25:19-28:9

Artscroll p124, Cohen/Soncino P140 Hertz p93

Haftorah: I Samuel 20:18-42

Simon Stern

Artscroll p1207, Cohen/Soncino P1189 Hertz p948



**WEEKLY SERVICE TIMES W/B 1<sup>ST</sup> DECEMBER**

**Shacharit – at Ilford Federation Synagogue**

**Sunday at 8.30am; Monday at 7.10am, and Tuesday at 7.30am.**

**Shacharit –at Cranbrook United Synagogue**

**Wednesday at 7.30am, Thursday at 7.20am and**

**Friday 7.30am**

**Mincha at Chabad Gants Hill at 1.30pm Monday to Thursday**

**Mincha/Ma'ariv at Ilford Federation Synagogue**

**Ma'ariv Saturday 5.10**

**Sunday Mincha/Ma'ariv at 3.40pm, Monday and Tuesday at 7.30pm**

**Ma'ariv at Cranbrook United Synagogue Wednesday 7.30pm & Thursday at 7.30pm**



**Please see website & noticeboard for full list of weekly service times**

**CHANUKAH 2024**

**CRANBROOK  
UNITED SYNAGOGUE**

**Cranbrook United  
invites you to**

**Chanukah  
Trivia  
Pursuit**



**Viennas &  
Latkas  
Doughnuts for  
Dessert**

**Win great prizes!**

**7 - 9 PM**

**Sunday 29th December**

**Adults £12  
Children £7  
Family ticket £30**



To book please call 0208 629 2780  
Email: [admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk)

or

online at:

[www.theus.org.uk/CranbrookChanukahTrivia2024](http://www.theus.org.uk/CranbrookChanukahTrivia2024)

**Please notify the Office if you require vegetarian option**



**\*\*\*The Shiur on Wednesday 4th December has been cancelled\*\*\***

**Please note that Rabbi Dansky's weekly Shiurim will now take place via Zoom on Wednesdays at 10.00am.**

**Next Shiur – 11<sup>th</sup> December**

*Join Zoom Meeting*

<https://us02web.zoom.us/j/81216388053>

*Meeting ID: 812 1638 8053*

*Passcode: 403506*

***We wish the following members, who have Yahrzeit in the coming week, a long life:***

Helen Aaronson, Melody Alicoon, Warren Berliner, Shirley Burke, Stephen Colman, Anthony Deutsch, Sophie Diamond, Alexander Fagelson, Philip Fagelson, Ian Fenton, Esther Frankel, Eugene Gaufman, Dean Gilles, Helen Gilles, Muriel Godfrey, Jillian Gold, Pamela Harris, Katherine Hoffman, Bryan Hurwitz, Adele Judt, Marsha Kay, Sheila Keizner, Edward Kogan, Sheila Leaderman, Sally Leigh, Norma Levinson, Rose Levy, Sheila Levy, Patricia Lewis, Estelle Luton, Louise Malina, Denise Mallach, Joy Mallach, Sandra Marks, Shirley Marks, Barbara Martin, Denise Martin, Perry Melnick, Janet Mitchell, Michael Morris, Beverley Myers, Leila Rome, Joan Rose, Ruth Rosen, Irene Rosenberg, Rosalind Rozansky, Jane Sampson, Elaine Schaverien, Sidney Schlesinger, Evelyn Schneider, Sharon Segal, Helena Shaw, Keith Shenker, Martine Sholem, Stanley Simmons, Kevin Simmons, Maxine Stean, Cyril Stitcher, Sandra Young, Michelle Zubary, Susan Zussman.

Condolences to Families of Alexandra Clements, Mark Lenchner & David Salamon.

8 <sup>th</sup> December 2024	Miriam Stein	Waltham Abbey	12.00noon
Mother of Rosalind Raphael			
19 <sup>th</sup> January 2025	Gerald Weiland	Waltham Abbey	11.30am
Husband of Rita Weiland			
26 <sup>th</sup> January 2025	Harry Cohen	Waltham Abbey	11.00am
Father of Debra Gershon			





## ***Sedra Synopsis: Toldot***

*Yitzchak, aged 60, prayed for his wife Rivka to have a child. Rivka conceived twins and is told prophetically that the two children will father two separate nations. Esav is born first, red and hairy.*

*Yaakov then emerged, holding on to Esav's heel. Esav became a hunter, whereas Yaakov studied Torah. Yitzchak loved Esav more, whereas Rivka preferred Yaakov.*

*One day Yaakov prepared a red lentil stew. Esav returned exhausted from the fields, demanding that Yaakov give him some of the stew. Yaakov agreed in return for Esav selling the first-born rights to him. Esav agreed.*

*Famine hit the Land of Cana'an (Israel). God told Yitzchak not to go down to Egypt for food, assuring him that he will be a forefather of a great nation. Yitzchak lives amongst the Philistines in Gerar. Afraid to reveal Rivka as his wife, lest harm befall them from jealous men, Yitzchak told the locals that she was his sister.*

*However, the ruler Avimelech discovered that they were married. He accused Yitzchak of deceiving him, but warned the people not to harm Yitzchak and Rivka. Yitzchak sowed the land and became very prosperous. The Philistines, jealous of Yitzchak's prosperity, stopped up his wells. Yitzchak carried on digging wells; the arguments eventually end.*

*Yitzchak moved to Beersheva. God appeared to him in the night, telling him that He will bless him. Yitzchak built an altar. Avimelech brought an entourage from Gerar, offering Yitzchak a new peace treaty. Yitzchak agreed to the peace proposal.*

*Esav married two Hittite women. This pained his parents, as both women worshipped idols. The ageing Yitzchak, almost blind, asked Esav to go and hunt some game for him to eat, after which he will bless Esav. Rivka overheard and instructed Yaakov to go to Yitzchak disguised as Esav, with two cooked goats, so as to receive the blessings.*

*Rivka's plan is successful; Yaakov received the blessings. Esav returned from the field, realised what has happened and let out a bitter cry. Yitzchak also gave Esav a blessing, but it included his future subservience to Yaakov.*

*Esav planned to kill Yaakov. Rivka told Yaakov to escape to her brother Lavan in Charan. Yitzchak instructed Yaakov to marry one of Lavan's daughters. Before Yitzchak sends Yaakov away, he blessed him with the blessing first bestowed upon Avraham, including, specifically, the blessing of the Land of Israel.*

*From this we can see that Yitzchak had always intended that the real legacy was to go to Yaakov, not Esav. Yaakov set off to Charan.*

*Shabbat Shalom, Rabbi Steven, Siobhan, Maya and Talia Dansky*

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