



# CRANBROOK NEWS

22 Beehive Lane ● 020 8629 2780



Shabbat, 2<sup>nd</sup> September 2023 / 16<sup>th</sup> Ellul 5783

Ki Tavo / Pirkei-Avot: Chapters 3 and 4

### Service Times

Mincha followed by Kabbalat Shabbat

**7.15pm**

Shacharit followed by Kiddush

9.30am

**No Mincha or Ma'ariv service**

Shabbat Ends

8.34pm

Next Friday: Mincha followed by Kabbalat Shabbat takes place at **7.15pm.**

Candle lighting at **7.17pm.**



Anthony & Sheila Leaderman on their Emerald (55<sup>th</sup>) Wedding Anniversary.

Raymond & Annette Waxman on their Sapphire (45<sup>th</sup>) Wedding Anniversary.

Linda Cohen, Claire Michaels and Ruth Montlake on their respective birthdays.

### Security Volunteers for Yamim Noraim.

With Yom Tov fast approaching, we are asking if you or any family members would be able to assist us with security. We are expecting a large attendance this year, so all help is needed. Please contact Jeff or the Synagogue Office if you can assist with the above over the HDD.

**Mincha followed by Ma'ariv is at 7.20pm on Sunday – Thursday next week**

### Torah Reading

Leyning: Ki Tavo

Sefer Devorim: 26:1 - 29:8

*Rabbi Steven Dansky*

Artsroll p 1068, Hertz p 859, Cohen / Soncino p 1117

Haftorah: Isaiah 60:1 - 60:22

*Howard Lewis*

Artsroll p 1201, Hertz p 874, Cohen / Soncino p 1134

*This week's Cranbrook News is kindly sponsored by Tony Gadian in loving memory of his mother Ann Gadian, Channa Leah bat Avraham Ha Cohen z"l.*

**Children's Service:** 10.30am

**Regular Weekday Services:** Sunday, Monday, and Tuesday at **Ilford Federation Synagogue;** Wednesday, Thursday, and Friday at **Cranbrook United Synagogue.**

**Shacharit:** Sunday & Public Holidays at **8.30am.**

**Shacharit:** Monday & Thursday at **7.20am.** Tuesday, Wednesday, and Friday at **7.30am.**

**Rosh Chodesh Shacharit:** Sunday at **8.30am;** Monday to Friday at **7.10am.**

**Mincha followed by Ma'ariv:** Sunday, Monday, Tuesday, Wednesday & Thursday at **7.20pm.**

### Dates for the Diary

#### September

Tuesday 5 <sup>th</sup>	@ 3.30pm	<i>Coffee and Chat with Rev Newman</i>
Wednesday 6 <sup>th</sup>	@ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Thursday 7 <sup>th</sup>	@ 3.30pm	<i>Ladies Tea &amp; Chat</i>
Friday 8 <sup>th</sup>		<i>Kabbalat Shabbat &amp; Extravaganza</i>
Shabbat 9 <sup>th</sup>		<i>Shabbat Extravaganza</i>
Saturday 9 <sup>th</sup>	@ 11.15pm	<i>Communal Selichot</i>
Wednesday 13 <sup>th</sup>	@ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Friday 15 <sup>th</sup>		<i>Erev Rosh Hashanah</i>
Shabbat 16 <sup>th</sup>		<i>1<sup>st</sup> Day Rosh Hashanah</i>
Sunday 17 <sup>th</sup>		<i>2<sup>nd</sup> Day Rosh Hashanah</i>
Monday 18 <sup>th</sup>		<i>Fast of Gedaliah (4.59am – 7.49pm)</i>
Wednesday 20 <sup>th</sup>	@ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Shabbat 23 <sup>rd</sup>		<i>Shabbat Shuvah</i>
Sunday 24 <sup>th</sup>		<i>Kol Nidre (Fast Begins 6.40pm)</i>
Monday 25 <sup>th</sup>		<i>Yom Kippur (Fast Ends 7.39pm)</i>
Tuesday 26 <sup>th</sup>	@ 8pm	<i>Music Appreciation Extravaganza</i>
Wednesday 27 <sup>th</sup>	@ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Friday 29 <sup>th</sup>		<i>Erev Succot</i>
Shabbat 30 <sup>th</sup>		<i>1<sup>st</sup> Day Succot</i>
<b>October</b>		
Sunday 1 <sup>st</sup>		<i>2<sup>nd</sup> Day Succot</i>

### Chatanim and Eshet Chayil

We are delighted to be honouring **Simon Stern** and **Michael Silver** as Chatan Torah and Chatan Bereishis respectively.

We are also delighted to be honouring **Norma Levinson** as our Eshet Chayil and look forward to celebrating with them over Simchat Torah.

Details about our Simchat Torah celebrations and our presentation lunch will follow over the next few weeks.



**We wish the following members, who have Yahrzeit in the coming week, a long life: -**

Ann Belson, Lynda Benisty, Rita Button, Bertram Clapper, Jacquelyn Conner, Melvin Forman, Antony Gadian, Hannah Garfinkle, Marilyn Gladstone, Stephen Goldberg, Stephen Goldman, Pamela Grant, Elizabeth Greyman, Laurence Holman, Myrtle Holman, Sidney Kaye, Sherrill Klein, Louise Malina, Sandra Martin, Jacqueline Maslin, Warren Maslin, Kay Nathan, Frances Nyman, Andre Pinkerton, Simone Pinkerton, Sara Richman, Stephanie Rose, Irene Rosenberg, Josephine Russell, David Salamon, Alan Scott, Edna Shutz, Andrew Stern, Antony Stewart, Nannette Stewart, Cyril Stitcher, Shirley Vancliff, Susan Walters, Ruth Wolfe and Leslie Zola.



Join us for a  
**SHABBAT**

**EXTRAVAGANZA**



**8th September**

7.15pm

Kabbalat Shabbat  
and  
chicken soup

**9th September**

9.30am

Featuring guest chazan  
Moshe Caplan  
and a  
sit down kiddush



Booking is essential for catering purposes!

Email: [admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk)

Phone: 020 8629 2780



**Arba Minim 2023 / 5784**

Just a reminder for you to order your Arba Minim for Succot this year. The cost is £33 for a quality set.

Please call the Office to place your order by **Thursday, 21st September 2023. 020 8629 2780**

**All orders must be paid for prior to delivery.**

**COMMUNAL SELICHOT**



**Saturday**  
**9th September 2023**

**11.15pm**

**AT CRANBROOK UNITED SYNAGOGUE**

With

Rabbi Rafi Goodwin  
Rabbi Steven Dansky  
Rabbi Mordechai Wollenberg



**Dates for your Diary**

**3rd October – Laser Tag in Succah**  
**4th October – BBQ and Succah Party**  
**10th December – Chanukah Bowling Event**  
**28th January 2024 – Supper Quiz Night**

**Condolences to:** The families of Renee Jackson and Jean Sanett.

**Forthcoming stone-settings**

<b>3rd September 2023</b>	<b>Arnold Abrahams</b>	Waltham Abbey	1pm
Father of Mark Abrahams			
<b>3rd September 2023</b>	<b>Sinclair Frydland</b>	Waltham Abbey	3.30pm
Husband of Sylvia Frydland			
<b>3rd September 2023</b>	<b>Emanuel Levene</b>	Waltham Abbey	4pm
Husband of Carla Levene			
<b>10th September 2023</b>	<b>Adele Pearl</b>	Waltham Abbey	9.30am
Mother of Alice Hexter			
<b>10th September 2023</b>	<b>Louis Freedman</b>	Waltham Abbey	10.00am
Father of Stephen Freedman			
<b>10th September 2023</b>	<b>Alan Burns</b>	Bushey New	12.30pm
Husband of Barbara Burns			
<b>10th September 2023</b>	<b>Joseph Richman</b>	Waltham Abbey	12.30pm
Father of Tina Regan			
<b>10th September 2023</b>	<b>Stanley Stevens</b>	Waltham Abbey	3.30pm
Husband of June Stevens			
<b>10th September 2023</b>	<b>Norman Bick</b>	Waltham Abbey	4pm
Husband of Sharon Bick, Brother of Helena Marco, Father of Kathryn Levy and Matt and Nick Bick			

## News and Views

This week's parasha deals with the blessings and curses which are liable to hit the Jewish people. With regard to the curses, we are told that the reason for those curses is because we didn't serve G-d with joy and with a goodness of heart.

The statement is interesting because it would indicate that the reason for the curses we are receiving at this time is NOT because we served other gods, or because we didn't keep the commandments. We did. The lack is in terms of the **way** in which we served - without joy.

How does one achieve joy? The Talmud says that there is no greater joy than when one works out doubts. It is an interesting statement. I can imagine if the Talmud says: There is no greater joy than winning the lottery or going on holiday, but solving doubts? Satisfying yes, but providing one with joy? This seems strange. The greatest pain is not having a purpose and the greatest joy is therefore having a true sense of purpose.



We can experience joy when we have a sense of direction, of focus. When we know what we are doing and where we are going, this is when we have the greatest sense of joy. That is why when we have worked out our doubts there is great joy - we feel as though we can focus on the things that we need to do.

It is for this reason that the Shechina rests **only** when we perform a Commandment in a state of joy - when we perform a **Mitzva** with focus; with knowledge of the fact that we are doing something. We are not only going through the motions, but really doing something; realising that not only are we doing a Mitzva but are connecting through that Mitzva to G-d - that is true joy. Whatever we are doing and why we are doing it, G-d himself stands on the side and applauds so to speak.

When we think that our purpose is to gain more and more possessions, we may have more physical things, but that doesn't create happiness. Hillel the sage himself said - the more property you have, the more anxiety and stress you have.

Great joy only lies in having direction and purpose - doing something truly good and connecting to that goodness. This is the greatest blessing.

I wish you all a good Shabbos.

Rabbi Steven, Siobhan, Maya and Talia Dansky.