



Shabbat, 17th December 2022 / 23rd Kislev 5783
Vayeishev / Mevarachim Hachodesh

Service Times

Mincha followed by Kabbalat Shabbat **3.37 pm**
 Shacharit followed by Kiddush 9.30 am
 Mincha will follow Kiddush

No Ma'ariv service

Shabbat Ends 4.46 pm
 Next Friday: Mincha will be at **3.20pm**, followed by Menorah lighting, followed by Kabbalat Shabbat at **3.39pm**.

We are open for **Shacharit** services, On **Sunday** at **8.15am**, **Monday** at **7.05am** & **Thursday** at **7.05am**.

We are open for **Ma'ariv** on **Monday - Thursday** at **7.30pm**.

If you can help to make up the weekday minyanim in Shul, please let us know by calling 020 8629 2780.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.



Rosh Chodesh Tevet is next **Shabbat, 24th December** (Yom Shabbat Chodesh) & **Sunday, 25th December** (Yom Rishon); today we bless the new month.

The *Molad* (the time of the first sighting of the moon in Jerusalem) is on **Friday, 23rd December** at 11:12 and 9 *chalakim*.

Shacharit will be at 8.15am on Sunday morning.

Torah Reading

Leyning: Vayeishev
 Sefer Bereishit: 37:1-40:23
 Artsroll p 198, Soncino/Cohen p 229, Hertz p 141
 Haftorah: Amos 2:6-3:8
 Artsroll p 1142, Soncino/Cohen p 248, Hertz p 152

Rabbi Steven Dansky

Simon Stern



This week's Cranbrook News is kindly sponsored by Ruth Abrahams in loving memory of her sister Lesley Kushani, Brucha Leah Bat Yaakov Bair Ha Levi zt"l.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 6.50am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

December

Shabbat 17 th	<i>Mevarachim Hachodesh</i>
Sunday 18 th	<i>1st Chanukah Candle</i>
Monday 19 th	<i>Men's Virtual Happy Hour</i> <i>Chanukah: Light 2 Candles</i>
Tuesday 20 th	<i>Music Extravaganza</i> <i>Chanukah: Light 3 Candles</i>
Wednesday 21 st	<i>Chanukah and Music by Candlelight</i> <i>Chanukah: Light 4 Candles</i>
Thursday 22 nd	<i>Chanukah: Light 5 Candles</i>
Friday 23 rd @3.20pm	<i>Mincha / Kabbalat Shabbat</i> <i>Chanukah: Light 6 Candles</i>
Shabbat 24 th	<i>Rosh Chodesh Tevet</i> <i>Chanukah: Light 7 Candles</i>
Sunday 25 th @ 8.15am	<i>Rosh Chodesh Tevet</i> <i>Chanukah: Light 8 Candles</i>
Monday 26 th @ 8.15am	<i>Bank Holiday</i>
Tuesday 27 th @ 8.15am	<i>Bank Holiday</i>

January

Monday 2 nd @ 8.15am	<i>Bank Holiday</i>
Tuesday 3 rd	<i>Fast of Tevet (6.17am – 4.52pm)</i>

Cranbrook Synagogue Presents

CHANUKAH AND MUSIC BY CANDLELIGHT

21 December 2022
5:30-6:30 PM

at Cranbrook United Synagogue

Join Rabbi Dansky for an evening of Music and Celebration

Doughnuts and Coffee included!!!

Please RSVP to the office at 020 8629 2780 or email admin@cranbrooksynagogue.org.uk to book your place!

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Ruth Abrahams, Mavis Bonham, Stanley Brattman, Bertram Clapper, Ruth Clifford, Sophie Diamond, Rita Dryer, Helen Flax, Patricia Gedalla, Julian Gold, Stephen Goldberg, Freda Goldstein, Renee Graham, Paul Grant, Peter Herman, Betty Herman, Morris Huberman, Michael Kenner, Susan Levine, Janet Lewis, Maureen Linder, Ruth Lipman, Sandra Mack, Alan Marcus, Sheila Mason, Evelyn Masters, Joyce Meltzer, Estelle Mendoza, Howard Mendoza, Jonathan Meyer, Simon Meyer, Jan Meyer, Linda Mishkin, Estella Nathan, Melanie Nathan, Gillian Newman, Leslie Palmer, Michael Pizer, Howard Robbins, Angela Roberts, Alan Rogoff, Shirley Rothman, Andrew Rutman, Rachel Shaw, Linda Solomons, Howard Temple, Harvey Tibber, Blanche Van Gelder, Frances Wallace, Stanley Weston, Ruth Wolfe and Ronald Young.



Roger & Sharon Segal on their wedding anniversary.

Stephen Colman, Natalie Conroy, Ian Duque, Helen Flax, Adele Griver, Myra Hilton, Allan Krist, Frances Litkin, Diane Roth, Cyril Vancliff, Pearl Wallman and Stanley Weston on their respective birthdays.

Pesach 5783 - Shalom Magazine No 8

Many thanks to everyone who submitted articles for the Rosh Hashanah Edition of the Shalom Magazine. We have had some excellent feedback from our readers. The next edition of the Shul Magazine will be No. 8 - the Pesach 5783 Edition. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at stanton.philippa@gmail.com.

All articles, pictures and stories must be received by **1st February 2023**. I have already started collecting new articles, so please e-mail me as soon as you can!

I look forward to hearing from you.
Philippa Stanton - Editor



Please join us on **Shabbat, 7th January 2023** when we will be holding a kiddush to honour our Eshet Chayil, Claire Barzilai.

Service and Office Times over Holiday Period

- Friday 23rd** - 3.20pm - Mincha followed by Menorah Lighting; 3.39pm - Kabbalat Shabbat
- Shabbat 24th** - 9.30am - Shacharit
- Sunday 25th** - 8.15am - Shacharit
- Monday 26th** - 8.15am - Shacharit
- Tuesday 27th** - 8.15am - Shacharit
- Wednesday 28th** - 7.30pm - Ma'ariv
- Thursday 29th** - 8.15am - Shacharit / 7.30pm - Ma'ariv

Office is open next week as usual and will close at midday on Friday 23rd December.

Office will be open on Wednesday 28th and Thursday 29th December – 10-2pm and Friday 30th December 10-12noon.

Office reopens on Tuesday 3rd January 2023

Forthcoming stone-settings

11th January 2023	Ruth Williams	Waltham Abbey	Noon
Mother of Barry Cooper			
15th January 2023	Leila Delew	Waltham Abbey	Noon
Mother of David Delew			
22nd January 2023	Geoffrey Finegold	Waltham Abbey	Noon
Husband of Marilyn Finegold			
29th January 2023	Betty Spencer	Waltham Abbey	Noon
Mother of Phil Spencer			

News and Views

Poor Joseph. He really has a tough time. His brothers hate him and are so jealous that they even think about killing him, and eventually sell him into slavery. If this is not bad enough, he is sold by his masters to other slavers, and is eventually brought to Egypt where he is acquired as a slave by Potiphar the steward of Pharaoh.

You would expect Joseph not to be the happiest at this juncture at time. Scorned by his brothers, being shipped from place to place like some sort of acquisition must have had an incredible effect on his self-esteem and mood. You would have expected him to be incredibly depressed and downhearted.

Yet the Torah tells us 'and G-d was with Joseph, and he was successful in the house of Potiphar'. Our sages tell us that G-d is with one **only** when one is in a state of happiness. How could Joseph have been happy after all that had happened to him. His whole identity as being the beloved of his father Jacob, the brightest and the best, the most gifted of all his brothers has disappeared. He is a slave in a foreign land. How can he be in a happy mood?

Furthermore, how could he have felt that he was successful? Surely after everything that had happened to him, the last thing that he would have felt was that he was successful!

Joseph realised that whatever had happened to him came from G-d. There was a reason for the pain that he had gone through, and he knew that while he didn't know *why* he had gone through so much, that there was purpose in the pain. When there is purpose in life there is the capacity for joy. Depression and sadness strike when we feel a lack of purpose. Life is never easy. There are always challenges, difficulties, worries about work, our children, our livelihoods. However, there is a great joy in knowing two things - 1. that there is ultimate purpose in the things that we do, and 2. that we are not alone - we are never alone, because G-d is with us at every stage of the way.

There is also another really important insight here. Joseph was successful and felt joy because he realised that success is not dependent on what happens to us. No matter his history, no matter what had been thrown at Joseph, they could never take away from him his greatness, his ability to turn threats into opportunities. Joseph was thrown into slavery, but he was able to rise to prominence in the house of Potiphar and experience joy and success because no-one could take away his natural inborn abilities - his charisma, his ability to organise things and to run the affairs of his master was something that could never be taken away from him.

He was Joseph not because of the ways that his brothers mistreated him, or because of the heartache that he suffered - all external events, but because of the gifts which G-d had given him. He was aware of his intrinsic abilities, which could never be taken away, despite the harsh external realities that he faced.

Too often we judge our circumstances based on the ways that others have treated us, or things that happen to us. Joseph transcends all of this. He realises that he suffices, and he suffices because G-d is with him at all times and will never let him down. Such a realisation can only bring joy, even in the darkest of times.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya, and Talia Dansky.

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