



**Shabbat, 30th July 2022 / 2nd Menachem Av 5782
Matot-Masei / Pirkei-Avot Chapter 2**

Service Times

Mincha followed by Kabbalat Shabbat	7.15 pm
Shacharit followed by Kiddush	9.30 am
Shabbat ends	9.49 pm
Next Friday: Mincha followed by Kabbalat Shabbat takes place at 7.15pm . Light Candles at 7.40pm	

Shacharit services:

Sunday 31st July at 8.15am, Monday 1st August at 7.05am and Thursday 4th August at 7.05am.

Mincha followed by Ma'ariv on Monday - Thursday at 7.30pm.

If you can help, make up the weekday minyanim in Shul please let the Wardens or Shul Office know.

Tisha B'Av - August 6th – 8.40pm - Fast Begins

Motzei Shabbat - 10pm - Ma'ariv followed by Eicha in Shul and on Zoom

<https://us02web.zoom.us/j/85640375922?pwd=SDZYa3krMUVSQWNhTWxNV0xxQmdWZz09&from=addon>

Meeting ID: 856 4037 5922 / Passcode: 206245

On **Sunday morning 7th August**, Shacharit (no tallis/tefilin) will be at **8.30am**; this will be followed by Kinno's @ approx. **9.am**. There will be an explanation about Tisha B'Av by Rabbi Dansky following Kinno's; the morning finishes at around 11am.

Mincha (tefilin) at 5pm, Film presentation of "The Song of Names" at approx. **5.30pm**, **Ma'ariv at 7pm**, Fast ends at **9.27pm**.



Torah Reading

Leyning: Matot-Masei
Sefer Bamidbar: 30:2-36:13
Artscroll p 900, Hertz p 702, Soncino/Cohen p 955
Haftorah: Jeremiah 2:4-28, 3:4
Artscroll p 1193, Hertz p 725, Soncino/Cohen p 984

Rabbi Steven Dansky

Monty Goldstein

This week's Cranbrook News is kindly sponsored by Monty Goldstein in celebration of his 98th Birthday.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 7am; Sunday at 8.15am.

Mincha followed by Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

July

Sunday 31st *Sunday Brunch*

August

Monday 1st *Cranbrook Monday Club
Men's Virtual Happy Hour @ 4pm*

Shabbat 6th *Shabbat Chazon
Erev Tisha B'Av (begins at 8.40pm)*

Sunday 7th *Tisha B'Av (ends at 9.27pm)*

Monday 8th *Cranbrook Monday Club*

Shabbat 13th *Shabbat Nachamu*

Sunday 14th *Quiz Night*

Monday 15th *Cranbrook Monday Club*

Tuesday 16th *Music Extravaganza @ 8pm*

Shabbat 20th *Mevarachim HaChodesh*

Monday 22nd *Cranbrook Monday Club*

Shabbat 27th *Rosh Chodesh Ellul*

Sunday 28th *Rosh Chodesh Ellul*

Monday 29th *Bank Holiday*

Ladies Tea & Chat will be taking a break until Thursday, 1st September at 3.30pm.



CRANBROOK
Monday
CLUB

10.30AM TO 3.00PM

EVERY MONDAY FROM 11TH JULY

BOOK NOW CALL 020 8629 2780



ADMISSION £5 PER PERSON

SPEAKERS, QUIZZES, CHAIR EXERCISES, BOARD GAMES & TABLE TENNIS

ADMISSION INCLUDES REFRESHMENTS ON ARRIVAL PLUS SANDWICHES, TEA & COFFEE AT LUNCH TIME.

WE LOOK FORWARD TO WELCOMING YOU!

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Daniel Abrahams, Robin Abrahams, Martin Altman, Elizabeth Benjamin, Sheila Benson, Kenneth Black, Francine Black, Lilian Black, Mercia Bloom, Peter Braham, Tina Braterman, Allan Brett, Lorraine Brett, Estelle Brill, Kitty Davis, June Decker, Freda Fineberg, Irving Freed, Melvyn Goodman, Alan Greenberg, Ivor Greer, David Hoffman, Sharon Kaufman, Stuart Lasky, Jeffrey Leader, Sheila Leaderman, Rita Lebetkin, Matthew Leiter, Karen Lichkin, Solomon Macatonia, Sheila Mason, Neville Peters, Brian Pollins, David Rein, Rochelle Saunders, Shimon Shoshan, Edna Shutz, Maureen Summers, Helen Tranis, Stuart Trayman, Beverley Wagner and Josette Wolffe.



Melvyn & Miriam Granby and Harvey & Sheila Bloom on their respective wedding anniversaries.

Brian Aaronson, Simon Alexander, Malcolm Becker, Monty Goldstein, Helen Harris, Oliver Lethbridge, Betty Levine Kenneth Wayne on their respective birthdays.

Plant a tree for the Jubilee!

To mark the Queen's Jubilee, the United Synagogue is collaborating with the Woodland Trust to plant groves of trees as our gift to Her Majesty. We are inviting all of our members and the wider community to buy trees as part of The Queen's Green Canopy project. Every tree bought by our members will be planted together in allocated groves within a new, Woodland Trust wood, in Norfolk, creating a unique Jewish environmental legacy. The wood can be visited by all and will be a fantastic future educational resource for our youth and wider community.

The trees, bought online, will be selected, planted and maintained by the Woodland Trust to maximise the ecological benefits. Members from the same United Synagogue community who collectively buy 750+ trees will have their trees planted together in a specially allocated grove, named after their shul. Trees can be bought in any number, as gifts, in someone else's name or as a memorial. Confirmation and a downloadable certificate will be provided for every purchase.

We aim to plant some 37,000 trees over three years – one for every adult member of the United Synagogue.

BUY YOUR TREE NOW via www.theus.org.uk/trees

FANTASY FOOTBALL
<https://fantasy.premierleague.com>

Join our Cranbrook Synagogue league using code:
63wl83

WIN
Amazon Vouchers
 1st place - £50
 2nd place - £30
 3rd place - £20
 4th place - £10
 5th place - £5
OPEN TO EVERYONE!

For football banter, also join our WhatsApp group
<https://chat.whatsapp.com/IZAAbuCGlofGXpKEqNcpYy>

Interested in football... then why not join our 2022/23 fantasy football mini league "Cranbrook Synagogue"? The final top 10 places also have a chance of winning up to £50 in Amazon vouchers!

Joining the league couldn't be easier. Simply use the link below and then create your ideal Premier League team. Once you've done that you'll be added automatically, it couldn't be easier.

<https://fantasy.premierleague.com/leagues/auto-join/63wl83>

You can also join our WhatsApp group for football banter and transfer deadline reminders using the link <https://chat.whatsapp.com/IZAAbuCGlofGXpKEqNcpYy>

Please ensure you read the terms and conditions from the Premier League before you join and especially if you are registering a child to play.

<https://www.premierleague.com/terms-and-conditions>

We look forward to seeing you join the league this season!

Forthcoming stone-settings

21st August 2022	Ivor Wagner	Waltham Abbey	11am
Father of Beverley Wagner			
21st August 2022	Evelyn Raine	East Ham	2.00pm
Sister of Renee Bravo			
28th August 2022	Stanley Faw	Waltham Abbey	3.30pm
Husband of Rosalind Faw			

On Tisha B'Av, **Sunday, 7th August**, the Alderney Road, Brady Street, Lauriston Road, Plashet and West Ham (Buckingham Road) Cemeteries will be open between approximately 11am and 3pm, East Ham (Marlow Road) will open from 9am and 3pm for visitors.

The Torah says.... What??

“The Second Temple was destroyed because of baseless hatred”

We are in the middle of the Three Weeks, a sad time for the Jewish people, which leads up to the saddest day of the Jewish year - the 9th of Av on which the First and Second Temple were destroyed. Apropos of this, I wanted to discuss the destruction of the Second Temple.

The Second Temple was built by Zerubbabel in approximately 516 BCE, after the Jewish people had been exiled first by Nebuchadnezzar from their land. At first it was quite a modest building, but during the reign of Herod the Great, the Temple was refurbished, and created one of the most beautiful temples, to the extent that it was seen as one of the wonders of the ancient world.

This temple lasted for 585 years and was eventually destroyed in 70 CE. The Talmud relates the story of a man who wasn't invited to a party yet came uninvited. He was publicly embarrassed by his host, and none of the leaders of the generation did anything to defend him. This upset him to the extent that he told the Roman authorities that the Jews were rebelling against them. The Romans then came in and destroyed the Temple in retaliation. The Talmud concludes therefore that the source of the temple's destruction stems from the baseless hatred that occurred - both the guest and the host hated each other for no reason.



The secular historical view of the Temple's destruction is very different. This view says that the destruction of the Temple was the result of an attempted military revolt led by the Jews against the Romans. This was the first of three major rebellions by the Jews against the Roman Empire, fought in Roman-controlled Judea, resulting in the destruction of Jewish towns, the displacement of its people and the appropriation of land for Roman military use, as well as the destruction of the Jewish Temple. Why is there such a discrepancy between the historical view of the destruction of the Temple and the Talmudic version? The Talmud cannot deny that the Temple was destroyed because of an uprising. Why then does it turn to baseless hatred as the primary reason for its destruction?

I believe the answer the Talmud provides gives us an insight into the brilliance of the Talmud. The Talmud is not interested in how or who destroyed the Temple. Rather, it is focused on the spiritual reason that the Temple was destroyed. The wellbeing of the Jewish people is not based upon their enemies, but on their relationship to the Almighty. If that relationship was good, there should be no reason for the Temple's destruction, despite its many enemies. The sages want to pinpoint the weakness in the relationship between G-d and his people that allowed the Temple to be destroyed, and it finds baseless hatred to be the primary cause. This idea is really important because it tells us that without unity and love for one another, we are fundamentally weak. No matter our relationship with the Almighty - even were we to immerse ourselves in our relationship with Him through prayer and study, if we do not connect with our brothers and sisters, we cannot have that relationship with G-d.



It is therefore so important specifically at this time, and in fact for the next few months as we move towards Yom Kippur, the Day of Judgement, that we start to think about developing our friendships with those whom we may have disagreed or fought with during this year, and in this way, G-d willing, we can once again have a temple that is built upon the positive relationships that we have built.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya and Talia Dansky.

Cranbrook United Synagogue, Beehive Lane, Ilford, Essex. IG1 3RT, Tel: 020 8629 2780

email: admin@cranbrooksynagogue.org.uk Website: www.cranbrooksynagogue.org.uk