



CRANBROOK NEWS

22 Beehive Lane ● 020 8629 2780



Shabbat, July 8th, 2023 / Tammuz 19th, 5783

Pinchas / Pirkei-Avot Chapter 6

Service Times

Mincha followed by Kabbalat Shabbat

7.15pm

Shacharit followed by Kiddush

9.30am

No Mincha or Ma'ariv service

Shabbat Ends

10.21pm

Next Friday: Mincha followed by Kabbalat Shabbat takes place at **7.15pm**.

Candle lighting at **7.40pm (8.58pm)**.

Details about Tisha B'Av on 26th and 27th July will be in next week's Cranbrook News.



Rosh Hashanah 5784 - Shalom Magazine No. 9

Many thanks to everyone who submitted articles for the Pesach Edition of the Shalom Magazine.

Once again, we have had some excellent feedback from our readers.

I am now working on the Rosh Hashanah 5784 Edition of the Shul Magazine. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at stanton.philippa@gmail.com. All articles, pictures and stories must be received by

17th July 2023.

I have already started collecting new articles, so please email me as soon as you can!

I look forward to hearing from you.

Philippa Stanton - Editor

Torah Reading

Leyning: Pinchas

Rabbi Steven Dansky

Sefer Bamidbar: 25:10-30:1

Artscroll p 876, Hertz p 686, Cohen/Soncino p 932

Haftorah: Jeremiah 1:1-2:3

Martin Bloomberg

Artscroll p 1192, Hertz p 710, Cohen/Soncino p 968

This week's Cranbrook News is kindly sponsored by Barbara Mervish and Family in loving memory of her mother Annie Symons, Channa bat Benjamin zt"l

Children's Service: 10.30am

Regular Weekday Services: Sunday, Monday, and Tuesday at **Iford Federation Synagogue**; Wednesday, Thursday, and Friday at **Cranbrook United Synagogue**.

Shacharit: Sunday & Public Holidays at **8.30am**.

Shacharit: Monday & Thursday at **7.20am**. Tuesday, Wednesday, and Friday at **7.30am**.

Rosh Chodesh Shacharit: Sunday at **8.30am**; Monday to Friday at **7.10am**.

Mincha followed by Ma'ariv: Sunday, Monday, Tuesday, Wednesday & Thursday at **7.30pm**.

Dates for the Diary

July

Tuesday 11th @ 3.30pm *Coffee & Chat with Rev Newman*

Shabbat 15th *Mevarachim HaChodesh*

Wednesday 19th *Rosh Chodesh Av*

Shabbat 20th *Shabbat Chazon*

Wednesday 26th *Erev Tisha B'Av*
Fast Begins at 8.58pm

Thursday 27th *Tisha B'Av*

Fast Ends at 9.49pm

Shabbat 28th *Shabbat Nachamu*

August

Wednesday 2nd *Tu B'Av*

Thursday 3rd @ 3.30pm *Ladies Tea & Chat*

Shabbat 12th *Mevarachim HaChodesh*

Thursday 17th *Rosh Chodesh Ellul*

Friday 18th *Rosh Chodesh Ellul*

Online Music Appreciation Extravaganza will be now taking a break until Tuesday, 26th September at 8pm.

Clarification regarding the Shabbat times during the summer months

Ordinarily Shabbat begins 18 minutes before sunset. However, as we enter the long days of summer in our community, we will be bringing Shabbat in at the earlier time of **7.40 pm**.

This will allow our members to have their Friday night meal at a more convenient hour. For the benefit of our members who are unable to light candles with the rest of the community at **7.40 pm**, we have put the latest time for candle lighting in brackets.

*Kabbalat Shabbat will take place at **7.15pm** throughout the summer.*

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Cissie Ackerman, Geoffrey Basco, Laurence Basco, Henry Berman, Barbara Besbrode, Stanley Brattman, David Bresh, Barbara Brodie, Frances Bronzite, Philip Burke, David Carron, Barbara Cohen, Annette Colman, Helena Davis, Joan Dobin, Deborah Epstein, Stephen Freeder, Murray Gaynor, Nina Goldberg, Edna Graham, Estelle Gudde, Sara Harris, Shirley Herst, Myra Hilton, Rosalind Jessener, Michael Kenner, Philippa Land, Anthony Lane, Ida Lawrence, Anthony Levine, Sadie Levy, Leonard Lewis, Mervyn Lyndon, Eleanor Lyndon, Gilda Melnick, Barbara Mervish, Bradley Mervish, Sandra Miller, Angela Morris, Rhona Morris, Emanuel Robinson, Gerda Rosenberg, Jacqueline Scott, Stephen Selby, Keith Shenker, Shirley Slipman, Victor Wallen and Martin Wickers.

Mazel Tov
מזל טוב

Stuart & Marilyn Mandel (50th) on their wedding anniversary.

Joy Debenham-Burton, Hannah Garfinkle and Haydn Pyle on their respective birthdays.

Mazel Tov to all those graduating from University.



Cemetery opening times for Tisha B'Av

Please note the opening times for cemeteries on Thursday 27th July 2023

Bushey Old and New Cemeteries, Waltham Abbey Cemetery and Willesden Cemetery 09.00 – 17.00

East Ham Cemetery, 09.00 – 15.00

Alderney Road, Brady Street and Lauriston Road Cemeteries, 11.00 – 15.30

Forthcoming stone-settings

13th July 2023	Mary Grant	Waltham Abbey	11am
Grandmother of Nicola Wood			
30th July 2023	Rachelle Rose	Waltham Abbey	10.30am
Mother of Anthony Hohenstein			
20th August 2023	Paul Grant	Waltham Abbey	12.30pm
Grandmother of Nicola Wood			
20th August 2023	Lawrence Michaels	Waltham Abbey	1pm
Father of Stephanie Lakin			
3rd September 2023	Arnold Abrahams	Waltham Abbey	1pm
Father of Mark Abrahams			
3rd September 2023	Sinclair Frydland	Waltham Abbey	3.30pm
Husband of Sylvia Sinclair			
3rd September 2023	Emanuel Levene	Waltham Abbey	4pm
Husband of Carla Levene			

News and Views

Last Thursday, we marked the beginning of the three weeks, a time of mourning for the Jewish people, reaching a climax of sadness with the advent of the 9th of Av, the day in which the two temples were destroyed.



The day that started this period of mourning is the 17th of Tammuz, the day in which the Romans surrounded the temple and broke its walls, and we mark this day by fasting for 13 hours. This is exceedingly strange. Sure, the walls are important, but the walls pale in comparison to what it was protecting. The temple is the all-important element. Why bother crying about the walls, when it is all about the temple itself?

I think that the answer lies in a very beautiful verse in Isaiah. In Chapter 62, Isiah talks about the rebuilding of the temple, and he says: "on your walls Jerusalem, I will appoint guards all day and all night, and they will never be quiet day or night". The Radak, Rabbi David Kimchi provides two explanations for this verse. The first is that the guards here are referring to the angels who themselves are the guards of the future Jerusalem, and their talking refers to their prayers to G-d that Jerusalem be quickly rebuilt. The second explanation is that the guards are the Jewish people who mourn Jerusalem and pray for its rebuilding.

Why do we need two explanations? Surely one would have sufficed. The answer for this is quite beautiful. When a Jew performs a Mitzvah, he or she creates a force of good, and that force is an angel. Therefore, when the Jewish people pray for the rebuilding of Jerusalem, they are the ones to create the angels, positive forces of energy and it is they that protect the walls of Jerusalem.

The walls of Jerusalem are therefore guarded by the prayers of those Jews who for thousands of years have prayed 3 times a day, every single day without fail for the rebuilding of Jerusalem BONEH YERUSHALAYIM. If you go the Kotel any time of day or night 24/7 sitting and praying for its rebuilding, Jews from the destruction of the temple until this very day have been praying for this moment.

With this in mind, we look at the one remaining wall in Jerusalem, the Kotel Hama'aravi - the Western Wall.

Why is it so very important? Why do we treat it as the holiest place in the world?



Yes, it is the last remaining vestige of the temple, but we are being told something extra from this verse in Isaiah. We are being told that the holiness of the walls comes not from its stones, or its exquisite construction. We treat it as holy, because we understand that the last of the walls of the temple stands ONLY

because of our prayers, and the prayers of our mothers and fathers and their tears which have created angels who constantly remind G-d that WE have not forgotten, and we will never forget.

I wish you all a Good Shabbos.

Rabbi Steven, Siobhan, Maya and Talia Danský

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