



Shabbat, 31st December 2022 / 7th Tevet, 5783

Vayigash

Service Times

Mincha followed by Kabbalat Shabbat 3.45pm

Shacharit followed by Kiddush 9.30am

Mincha will follow Kiddush

No Ma'ariv service

Shabbat Ends 4.55pm

Next Friday: Mincha followed by Kabbalat Shabbat takes place at **3.53pm**. Candle lighting at 3.53pm.

We are open for **Shacharit** services, On **Sunday** at **8.15am**, **Monday** at **8.15am**, & **Thursday** at **7.05am**.

We are open for **Ma'ariv** on **Tuesday**, **Wednesday** and **Thursday** at **7.30pm**.

If you can help to make up the weekday minyanim in Shul, please let us know by calling 020 8629 2780.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.

The Fast of Tevet is this coming **Tuesday, 3rd January**. Fast begins at 6.17am – ends 4.52pm.



Following the sad news of the passing of HM Queen Elizabeth II we are inviting you to purchase a tree in the United Synagogue's first communal grove in loving memory of HM The Queen.

For more information about the campaign please [click here](#) and for any questions email trees@theus.org.uk.

Torah Reading

Leyning: Vayigash

Sefer Bereishit: 44:18 - 47:27

Artscroll p 250, Soncino/Cohen p 277, Hertz p 169

Haftorah: Ezekiel 37:15 - 37:28

Artscroll p 1144, Soncino/Cohen p 293, Hertz p 178

Rabbi Steven Dansky

Bernard Berman



This week's Cranbrook News is kindly sponsored by the Abrahams and Chessis families to celebrate Noah's 4th Birthday.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 6.50am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

January

Monday 2 nd @ 8.15am	<i>Bank Holiday</i>
Tuesday 3 rd	<i>Fast of Tevet (6.17am – 4.52pm)</i>
Thursday 5 th @ 3.30pm	<i>Ladies Tea & Chat</i>
Shabbat 7 th	<i>Eshet Chayil Kiddush</i>
Tuesday 10 th @ 3.30pm	<i>Coffee and Chat with Rev Newman</i>
Wednesday 11 th @ 10am	<i>Rabbi Danksy Weekly Shiur</i>
Tuesday 17 th @ 12.30pm	<i>Lunch 'n' Learn with Rabbi Danksy</i>
	<i>Music Extravaganza @ 8pm</i>
Wednesday 18 th @ 10am	<i>Rabbi Danksy Weekly Shiur</i>
Thursday 19 th @ 2pm	<i>Cranbrook Culture Club</i>
Shabbat 21 st	<i>Mevarachim Hachodesh</i>
Monday 23 rd	<i>Rosh Chodesh Shevat</i>
@ 4.00pm	<i>Men's Virtual Happy Hour</i>
Tuesday 24 th @ 3.30pm	<i>Coffee and Chat with Rev Newman</i>
Wednesday 25 th @ 10am	<i>Rabbi Danksy Weekly Shiur</i>
Shabbat 28 th	<i>Shabbat Family Lunch 'n' Quiz</i>
Tuesday 31 st @ 12.30pm	<i>Lunch 'n' Learn with Rabbi Danksy</i>
March	
Wednesday 1 st @ 10am	<i>Rabbi Danksy Weekly Shiur</i>
Thursday 2 nd @ 3.30pm	<i>Ladies Tea & Chat</i>



Join us at Cranbrook Synagogue for

LUNCH 'N LEARN

WITH RABBI DANKSY

12:30PM START

£8 for lunch per session

6 DECEMBER 2022	17 JANUARY 2023	31 JANUARY 2023
14 FEBRUARY 2023	28 FEBRUARY 2023	14 MARCH 2023

PLEASE RSVP BY THURSDAY BEFORE THE SESSION VIA EMAIL AT ADMIN@CRANBROOKSYNAGOGUE.ORG.UK OR CALLING 020 8629 2780
VEGETARIAN OPTIONS ARE AVAILABLE UPON REQUEST



We wish the following members, who have Yahrzeit in the coming week, a long life: -

Vera Aarons, Robin Abrahams, Stephen Arbiter, Ann Belson, Elizabeth Benjamin, Ralph Berkley, Lilian Black, Janine Bossick, Estelle Brill, Rafi Caplin, Wendy Coleman, Raymond Franks, Michael Freed, Karen Friddin, Sylvia Frydland, Norman Gershon, Brian Gordon, David Grant, Jeanette Grant, Gaynor Grew, Elizabeth Greymann, Barbara Grossman, Robert Grossman, Sidney Harris, Lawrence Hine, Aubrey Hoffman, Vivien Hoffman, Renee Jackson, Martin Jacobs, Martin Kay, Irene Kaye, Andrew Keizner, Cyril Keizner, Janet Kennard, Allison Krist, Stella Landsberg, Maureen Lazarus, Rita Lebetkin, David Lee, Brian Lee, Lily Lee, Leslie Leigh, Maxine Levene, Anthony Levine, Leonard Lewis, Gerald Luton, Mervyn Lyndon, Monica Mann, David Mullish, Leonard Nessick, Susan Palmer, Bernice Phillips, Sarah Roat, Rita Rogers, Joseph Rose, Barry Roth, Enid Rozelaar, Betty Saunders, Sharon Saunders, Linda Segal, Marc Shaffer, Stuart Sherman, Gabriel Shine, Leonard Silver, Rita Stedman, Stuart Stirling, Astrid Tartes, Stephanie Twigg, Frances Wallace, Elliot Woolf, Yaron Woolf and David Zwirek.



Sylvia Allen, Betty Cooper, Alma Goodman, Joseph Gordon, Barbara Grossman, Shirley Gold, David Hoffman, Martin Lander, Lily Landau, Maureen Linder, Barbara Martin, Pearl Palmer, Estelle Rosenbloom, Andrea Rosenberg, Leon Russell and Betty Schneider on their respective birthdays.

Pesach 5783 - Shalom Magazine No 8

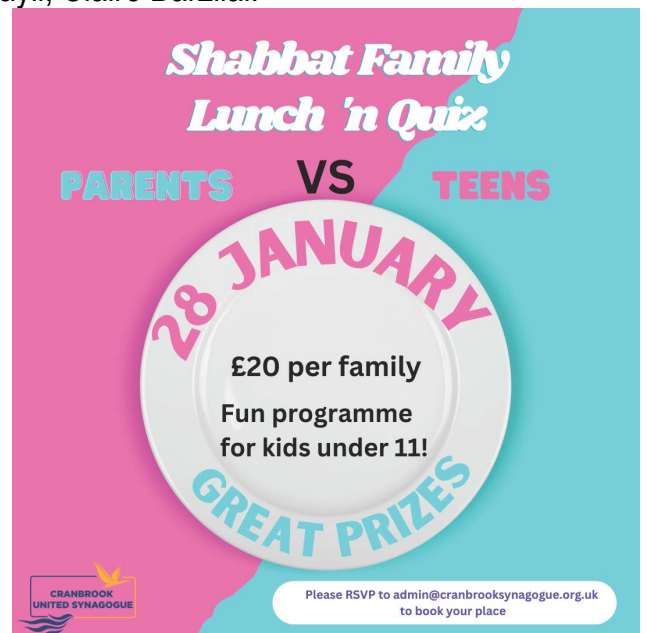
Many thanks to everyone who submitted articles for the Rosh Hashanah Edition of the Shalom Magazine. We have had some excellent feedback from our readers. The next edition of the Shul Magazine will be No. 8 - the Pesach 5783 Edition. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at stanton.philippa@gmail.com.

All articles, pictures and stories must be received by **1st February 2023**. I have already started collecting new articles, so please e-mail me as soon as you can!

I look forward to hearing from you.
Philippa Stanton - Editor



Please join us on **Shabbat, 7th January 2023** when we will be holding a kiddush to honour our Eshet Chayil, Claire Barzilai.



Forthcoming stone-settings

11th January 2023	Ruth Williams	Waltham Abbey	Noon
Mother of Barry Cooper			
15th January 2023	Leila Delew	Waltham Abbey	Noon
Mother of David Delew			
22nd January 2023	Geoffrey Finegold	Waltham Abbey	Noon
Husband of Marilyn Finegold			
29th January 2023	Betty Spencer	Waltham Abbey	Noon
Mother of Phil Spencer			

News and Views

We have just completed the festival of Chanukah, in which we lit candles for 8 days. The festival commemorates the fight of the Maccabees with the Syrian Greeks at the beginning of the period of the Second Temple. The Greeks defiled the Temple and placed idols inside it. They also forbade the Jews to practice their religion, specifically studying Torah, Brit Milah and Shabbat.

The Maccabees, led first by Mitisyahu, and later on by his son Yehudah, fought against the Greek regime, and finally beat an army far greater and better equipped than they; a band of poorly trained soldiers against the might of Greece with all of its modern weapons, and yet the Maccabees prevailed.

It was clearly a miracle. Once the Greeks had been defeated the Maccabees entered the Temple, cleaned it, and reconsecrated the altar which had been defiled by the Greeks. Finally, they lit the Menorah with the last remaining vial of oil which was unblemished and had the seal of the Kohen Gadol [High Priest]. A miracle occurred, and the vial which was only supposed to last one night lasted for a whole eight nights.

There are clearly two aspects to the story - the military victory and the fact that the oil lasted for all of eight days. While we mention the victory of the Maccabees in the prayer Al Hanissim, we commemorate the festival by lighting the candles for eight nights, showing that the main miracle was the lasting of the oil. Why should we give precedence to this miracle above the military one? It is also interesting to note that the Chanukiah is one of the most important symbols for Jews. It is up there with the Magen David - the star of David. Why is it so important?

There is a great deal of significance in the lights. The Greeks tried to darken our lives, by forcing their culture and values upon us. Their culture and belief system were purely based upon nature and natural phenomenon. They glorified in the physical - the perfection of the body, but denied the concept of spirituality and the centrality of spirituality in all of our lives. Eat, drink, enjoy the prowess and power of the body. Nothing else exists, because nothing else can be proven. The Greeks only believed in what they saw.



The miracle of the victory showed that there was more than what meets the eye. The Greeks were blind to the possibility that there exists more than the eye can perceive. A baby being born is more than science, the heights and achievements of mankind are more than can be explained by atoms and neurons.

The very fact of Jewish existence moves beyond the perception of man. That we should continue to exist as a nation through so much destruction is a miracle.

We are more than our physical structures. Man too is created in the image of G-d and we can achieve G-dly things. The Torah shows us how to act, how to achieve those lofty levels of spirituality. It is no surprise that Torah is considered to be like light, and the soul is also compared to the light of G-d. We light the candles to exemplify this important lesson - Am Yisrael Chai - the Jewish people lives, and we are a nation that exemplifies the centrality of spirituality and light in the world.

I wish you all a good Shabbos.
Rabbi Steven, Siobhan, Maya and Talia Dansky.

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