



**Shabbat, 24<sup>th</sup> September 2022 / 28<sup>th</sup> Ellul 5782**

**Nitzavim / Pirkei-Avot: Chapters 5 and 6**

**Service Times**

Mincha followed by Kabbalat Shabbat 6.42 pm

Shacharit followed by Kiddush 9.30 am

Shabbat ends 8.15 pm

Next Friday: Mincha followed by Kabbalat Shabbat takes place at **6.26pm**. Candle lighting at 6.26pm.

**Erev Rosh Hashanah - Sunday 25<sup>th</sup> September**

Mincha followed by Ma'ariv - 6.38 pm

**1<sup>st</sup> Day - Monday 26<sup>th</sup> September**

Morning Service - 8.30 am

Mincha followed by Ma'ariv - 6.30 pm

**2<sup>nd</sup> Day - Tuesday 27<sup>th</sup> September**

Morning Service - 8.30 am

Mincha - 6.45pm

Yom Tov ends, followed by Ma'ariv - 7.34 pm



We are delighted to be honouring **Bradley Mervish** and **Mervyn Lyndon** as Chatan Torah and Chatan Bereishis respectively.

We wish them and their families mazal tov and we look forward to celebrating with them over Succot and Simchat Torah.

***Rabbi & Rebbetzin Dansky, together with Reverend & Mrs Newman, their families and the Honorary Officers and Synagogue Council wish you and your families a sweet, healthy and prosperous New Year.***

**Torah Reading**

Leyning: Nitzavim

Sefer Devorim: 29:9–30:20

Artscroll p 1086, Cohen/Soncino p 1138, Hertz p 878

Haftarah: Isaiah 61.10 - 63.09

Artscroll p 1202, Cohen/Soncino p 1145, Hertz p 883

***Rabbi Steven Dansky***

***Harold Marco***

***This week's Cranbrook News is kindly sponsored by Irene, Barry and David Rosenberg in loving memory of Alvin (Al) Rosenberg zt"l, dearly loved husband, father and grandfather.***

**Children's Service:** 10.30am

**Regular Weekday Services in the Main Synagogue**

**Shacharit:** Sunday & Public Holidays at 8.15am.

**Shacharit:** Monday and Thursday at 7.05am.

**Rosh Chodesh Shacharit:** Monday to Friday at 6.50am; Sunday at 8.15am.

**Ma'ariv:** Monday, Tuesday, Wednesday & Thursday at 7.30pm.

### Dates for the Diary

#### September

Sunday 25<sup>th</sup> *Erev Rosh Hashanah*  
Monday 26<sup>th</sup> *1<sup>st</sup> Day Rosh Hashanah*  
Tuesday 27<sup>th</sup> *2<sup>nd</sup> Day Rosh Hashanah*  
Wednesday 28<sup>th</sup> *Fast of Gedaliah (5.17am to 7.26pm)*

#### October

Shabbat 1<sup>st</sup> *Shabbat Shuvah*  
Monday 3<sup>rd</sup> *Men's Virtual Happy Hour @ 4pm*  
Tuesday 4<sup>th</sup> *Kol Nidre*  
Wednesday 5<sup>th</sup> *Yom Kippur*  
Thursday 6<sup>th</sup> *Ladies Tea and Chat @ 3.30pm*  
Monday 10<sup>th</sup> *1<sup>st</sup> Day Succot*  
Tuesday 11<sup>th</sup> *2<sup>nd</sup> Day Succot*  
Sunday 16<sup>th</sup> *Hoshana Rabba*  
Monday 17<sup>th</sup> *Shemini Atzeret*  
Tuesday 18<sup>th</sup> *Simchat Torah*

### Selichot @ Cranbrook

**Wednesday 28<sup>th</sup> and Thursday 29<sup>th</sup> Selichot will follow Ma'ariv at 7.15pm.**

Please do your very best to attend and to be on time.



# CRANBROOK

Monday

# CLUB

10.30AM TO 3.00PM

EVERY MONDAY FROM 11<sup>TH</sup> JULY

**BOOK NOW CALL 020 8629 2780**



ADMISSION **£5** PER PERSON

**SPEAKERS, QUIZZES, CHAIR EXERCISES, BOARD GAMES & TABLE TENNIS**

ADMISSION INCLUDES REFRESHMENTS ON ARRIVAL PLUS SANDWICHES, TEA & COFFEE AT LUNCH TIME.

**WE LOOK FORWARD TO WELCOMING YOU!**

**We wish the following members, who have Yahrzeit in the coming week, a long life: -**

Vivienne Agasee, Jack Alter, Sandra Angel, Michelle Bean, Alan Benson, Cyril Berkeley, Ralph Berkley, Melanie Bernstein, Melvyn Blitz, Lorraine Brett, Anita Conway, Michael Conway, Simon Devan, Kay Engel-Hayeem, Harry Fenton, Angela Fox, Philip Fox, Adrienne Frenkel, Shirley Gold, Freda Goldstein, Edna Graham, Gerald Grant, Barbara Grant, Sylvia Green, Ferdoussa Hassbani, Katherine Hoffman, Adele Judt, Graham Kaufman, Frances Keen, Alison Keizner, Sandra Keller, Edward Kogan, Laurence Lacome, Ingrid Lancod, Peter Leach, Anthony Leaderman, Leslie Martin, Joyce Meltzer, Mandy Messias, Charles Mitchell, Ruth Montlake, Michael Monty, Estella Nathan, Brian Pollins, Jean Prince, Rita Rogers, Irene Rosenberg, Jack Selner, Mark Serkes, Lisa Shaw, Marilyn Shone, Edna Shutz, Lorraine Silver, Jeffrey Simmons, Linda Stanton, Philippa Stanton, Karen Sterne, Maureen Tassie, Shirley Vancliff, Henry Waldman, Raymond Waxman and Rita Weiland.

# Mazel Tov מזל טוב

Tony & Susan Gadian, Victor & Sharon Kantor and Michael & Adele Trainis on their respective wedding anniversaries.

Melissa Caplin, Rachel Crabbe, Julian Gold, Avi Myers, David Rein, Philip Rose, Sharon Rosenbloom, Marie Sopher and Zak Woolfe on their respective birthdays.

Cyril Sticher on the occasion of his 2<sup>nd</sup> Barmitzva

## Security Help

Please contact the office or Jeff, if you are able to assist with the above over the HDD.

We are partially short this year so please ask family and friends to help with this very important job.

CRANBROOK UNITED SYNAGOGUE PRESENTS

Party  
IN THE  
SUKKAH

THURSDAY 13TH OCTOBER AT 7:30 PM  
OR JOIN US EARLIER FOR MAARIV AT 7:15PM

WITH  
**SACIA**  
MAGICAL ENTERTAINMENT

TO BOOK CALL: 020 8629 2780  
EMAIL: ADMIN@CRANBROOKSYNAGOGUE.ORG.UK  
VISIT: [HTTPS://WWW.THEUS.ORG.UK/PARTY-IN-THE-SUKKAH-2022](https://www.theus.org.uk/party-in-the-sukkah-2022)

THIS IS A FREE EVENT  
BUT PLEASE BOOK IN  
ADVANCE FOR  
CATERING PURPOSES

**FREE PIZZA**

Più Gusto  
From our Home to Yours  
The Italian Pizzeria

Bookings will close on Monday, 3<sup>rd</sup> October

## Forthcoming stone-settings

|                                 |                    |               |         |
|---------------------------------|--------------------|---------------|---------|
| 2 <sup>nd</sup> October 2022    | Leslie Davis       | Waltham Abbey | 10.30am |
| Husband of Kitty Davis          |                    |               |         |
| 2 <sup>nd</sup> October 2022    | Helen Rabin        | Waltham Abbey | 11.00am |
| Wife of Frank Rabin             |                    |               |         |
| 2 <sup>nd</sup> October 2022    | Jeffrey Wiseman    | Waltham Abbey | 3.30pm  |
| Father of Mark Wiseman          |                    |               |         |
| 23 <sup>rd</sup> October 2022   | Arnold Jackson     | Waltham Abbey | 11.00am |
| Husband of Renee Jackson        |                    |               |         |
| 23 <sup>rd</sup> October 2022   | Levy/Mavis Sampson | Waltham Abbey | 11.30am |
| Parents of Jane & Sally Sampson |                    |               |         |
| 23 <sup>rd</sup> October 2022   | Eva Kushin         | Waltham Abbey | 1.00pm  |
| Mother of Simon Kushin          |                    |               |         |



## News and Views

Rosh Hashanah is just around the corner. It is one of the most important days in the Jewish calendar, the day in which G-d judges and evaluates every single human being. We read in the prayers that all the beings on earth pass in front of G-d on this day, and He decides what sort of year people will have. Will it be prosperous, or will it be difficult? Will it be happy, or will it be one of sadness?



We are told that if we want to escape a negative decree, there are three things that need to be done – repentance, prayer and charity. The Maharal explains that these three elements relate to three types of relationships that an individual has – with himself, with G-d and with his peers. Repentance relates to how an individual wants to see themselves. Are they happy with the way that they are, or are they prepared to make the changes they need to be a different human being? Repentance is a method of ensuring that a human improves their perception of themselves to be the person that they truly aspire towards being.

Prayer relates to a person's relationship to G-d. Do they want to have a strong relationship with G-d, one in which they can communicate with Him at any given time, or would they rather have a different relationship in which G-d is not a part of their lives? Prayer focuses on improving that relationship.

Charity relates to a person's relationship with others. It is so easy in this world only to focus on ourselves, and to forget those who are in need. The giving of charity forces us to think about those who are not as well off, it forces us to think of the 'other' who is so often hiding in the backdrop of our lives.

Why do we need all three methods of changing the decree? Surely one method could suffice? If we give charity, surely there is no need to pray? Or if we pray, why bother to repent? I believe that the answer to this is that if we only focus on our relationship with ourselves, and we forget those less fortunate than ourselves, we run the risk of being egocentric and selfish. A focus on others by giving charity helps us to think about others, but it runs the risk of us not thinking about the importance of self-improvement. Prayer, and the relationship to G-d alone without kindness to others or self-development is hypocrisy because G-d will only take care of us if we can take care of others, and if we pray with self-improvement, perhaps we have missed the point of prayer in the first place. One of the emphases of prayer is to realise that our thoughts are not in parallel with the way that G-d sees the world, and it challenges us to change in order to ensure that we are in concert with what G-d truly wants for us.

When we do all three – prayer, repentance and charity, we become a paragon of blessing. We become the blessing that we need for ourselves, for others, and for our ultimate mission in this world. There is no way that an evil decree could touch a human being who has evolved in this extraordinary manner.

I bless you all with the wish of a truly good year, a year in which you all are capable of seeing G-d in your lives, a year in which we can see the importance of constant development, and a year in which we can be the charitable people we know we can be.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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