



Shabbat, May 14th, 2022 / Iyar 13th, 5782 / Omer Day 28
Emor / Pirkei-Avot Chapter 3

Service Times

Sushi Reception followed by Kabbalat Shabbat	6.15 pm
Shacharit	9.30 am
Mincha and Suedah, followed by Ma'ariv Service at <i>Ilford Federation, 2A Clarence Ave, IG2 6JH</i> @	8.15 pm
Shabbat Ends	9.42 pm
Sunday – Mincha/Ma'ariv at <i>Ilford Federation, 2A Clarence Ave, Ilford, IG2 6JH</i> @	7.30 pm
Next Friday: Mincha followed by Kabbalat Shabbat takes place at 7.15pm.	
Light Candles at 7.40pm (8.39pm)	



We welcome Rachel Creeger and David Rome to Cranbrook Synagogue who will be with us over Shabbat.

Shacharit services, On Sunday 15th at 8.15am, Monday 16th at 7.05am and Thursday 19th at 7.05am.

Mincha followed by Ma'ariv on Monday - Thursday at 7.30pm.

If you can help make up the weekday minyanim in Shul please let us know by calling the Shul Office.

Torah Reading

Leyning: Emor
 Sefer: Vayikra: 21:1-24:23
 Artscroll p 672, Hertz p 513, Cohen/Soncino p 740
 Haftorah: Ezekiel: 44:15-31
 Artscroll p 1176, Hertz p 528, Cohen/Soncino p 761

Rabbi Steven Dansky

Philip Powell

This week's Cranbrook News is kindly sponsored by the Abrahams and Chessis families in loving memory of Leila Abrahams, Leah bas Moshe zt"l and Betty Calmus, Baila bas Beral Leib zt"l.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 7am; Sunday at 8.15am.

Mincha followed by Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

May

Sunday 15 th	<i>Pesach Sheri A.G.M.</i>
Tuesday 17 th	<i>Lunch and Learn with Rabbi Dansky Coffee & Chat with Rev Newman</i>
Wednesday 18 th	<i>Rabbi Shiur @ 10am</i>
Thursday 19 th	<i>Lag B'Omer Halachic Questions in the 21st Century</i>
Monday 23 rd	<i>Men's Virtual Happy Hour</i>
Tuesday 24 th	<i>Coffee & Chat with Rev Newman</i>
Wednesday 25 th	<i>Rabbi Shiur @ 10am</i>
Thursday 26 th	<i>Ladies Tea and Chat</i>
Shabbat 28 th	<i>Mevarachim HaChodesh</i>
Tuesday 31 st	<i>Rosh Chodesh Sivan Coffee & Chat with Rev Newman</i>

June

Thursday 2 nd	<i>Bank Holiday</i>
Friday 3 rd	<i>Bank Holiday</i>
Sunday 5 th	<i>1st Day Shavuot</i>
Monday 6 th	<i>2nd Day Shavuot</i>

HELP REDUCE THE SPREAD OF COVID-19

It's not gone away!!

MASKS ARE NOW VOLUNTARY WHILST IN THE SHUL

BUT STILL RECOMMENDED IN CROWDED PLACES AND INDOOR AREAS

*** SANITISE HANDS REGULARY***

*** LEAVE ONE SPACE BETWEEN EACH PERSON***

THE SHUL MUST STILL BE KEPT WELL VENTILATED, LETTING FRESH AIR IN WHILST INDOORS

MEMBERS ARE NOT TO ATTEND IF THEY RECEIVE A POSITIVE PCR OR LFT TEST.

STAY HOME IF YOU'RE FEELING UNWELL.

PLEASE VACATE FORECOURT AS SOON AS POSSIBLE AFTER SERVICE.

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Robin Abrahams, Jack Alter, David Baars, Donna Baron, Malcolm Becker, Alan Becker, Cynthia Benson, Sheila Brand, Derek Brent, Adrienne Burnley, Estelle Carson, Freda Cowan, Zelma Cowan, Maureen Diamond, Sharon Falk, Freda Fineberg, Elaine Gandz, Shirley Gold, Gloria Goldberg, Maureen Gruskin, Malcolm Halter, Victoria Joffe, Alan Kaizer, Graham Kaufman, Shirley Kingsley, Betty Kwintner, Martin Lander, Sharon Lee, Elena Levene, Roy Levene, Lionel Levine, Elizabeth Levison, Ruth Lipman, Betsy Mandell, Stephen Mendel, Diana Neslen, Shirley Palmer, Lesley Pentol, Mavis Pinner, Arnold Rose, Enid Rozelaar, Jonathan Santaub, Betty Saunders, Sheryl Saunders, Anne Schlesinger, Beverley Sennett, Aubrey Siteman, Hilary Stanton, Raisa Yufit and Loretta Zack.



Stanley & Susan Brattman and Warren & Adrienne Vickers on their respective wedding anniversaries.

Rita Dryer, Laurence Goldsmith, Lionel Goldberg, Saul Green, Betty Kwintner, Alan Lipman, Solomon Macatonia, Rachel Masters, Rita Shaw, Joyce White and Josette Woolfe on their respective birthdays.

Clarification regarding the Shabbat times during the summer months

Ordinarily Shabbat begins 18 minutes before sunset.

However, as we enter the long days of summer in our community, we will be bringing Shabbat in at the earlier time of 7.40 pm.

This will allow our members to have their Friday night meal at a more convenient hour.

For the benefit of our members who are unable to light candles with the rest of the community at 7.40 pm, we have put the latest time for candle lighting in brackets.

Kabbalat Shabbat will take place at **7.15pm** throughout the summer.

Plant a tree for the Jubilee - coming soon!

Dorot is partnering with the Woodland Trust to plant the first communal Jewish Forest in the UK, to mark the Queen's Jubilee.

From mid-May we will be asking every US member, as well as our shuls, nurseries, and youth groups to buy Woodland Trust trees through our platform. Each tree will contribute to a dedicated, marked, US grove within a Norfolk Forest, which can be visited.

This project will communally honour the Queen, create a lasting environmental legacy, and enable fantastic educational opportunities for our youth and members.

Trees make the ideal gift to celebrate births, birthdays, Bat/Bar Mitzvahs, weddings, to say 'thank you' or as a meaningful memorial. A single tree (planted and maintained by the Woodland Trust) will cost £20 and they can be bought individually or in multiples.

The link to buy the trees will be sent out to you and all members next week. The campaign will run initially until mid-June and then at various points in the year, such as Tu B'Shevat, as part of an ongoing campaign. Our target is to plant 37,000 trees over the next 3 years, 1 for every member of the US.



Forthcoming stone-settings

15th May 2022	Joseph Mazin	Waltham Abbey	11.30am
Husband of Marian Mazin, father of Gary Mazin			
15th May 2022	Stanley Russell	Waltham Abbey	12.30pm
Husband of Ann Russell, father of Natasha Cripps			
22nd May 2022	Lorraine Karat	Waltham Abbey	10.30am
Sister of Sandra Keller			
22nd May 2022	Phyllis Morgan	Waltham Abbey	11am
Mother of Andrew Morgan			
22nd May 2022	Brenda Berkley	Waltham Abbey	12.30pm
Wife of Ralph Berkley			
22nd May 2022	Minnie Kogan	Waltham Abbey	3.30pm
Mother of Lee Kogan			

News and Views

In this week's parasha, we are presented with the concept of counting 50 days between Pesach and the following festival Shavuot. The commandment is placed right in the middle of the commandments relating to the festivals, almost as if the days between the two festivals were a festival in and of itself!

Nachmanidies, the Ramban, writes that just like there is a period of quasi holiday between the first two days of Pesach and the last two days called CHOL HAMOED, so too the period between Pesach and Shavuot, these fifty days that we count are in and of themselves a holiday. This is why we call Shavuot ATZERET which literally means an END - an end to the festival run which has lasted 58 days including Pesach.



However, - what are we celebrating? Each of the other festivals have a serious reason to celebrate - Pesach is all about our freedom, Shavuot is about receiving the Torah, Sukkot is about God protecting the Jewish people while they were in the desert. The only aspect of anything religious these days is the fact that we count the days of the Omer.

The answer to this question lies in the sacrifices that were brought on Pesach, the festival before the OMER and the sacrifice that was brought after on the festival of Shavuot. We bring barley as a sacrifice on Pesach, and on Shavuot we bring the SHTEI HALECHEM - bread as a sacrifice. The difference between the two is that barley is a bare ingredient. All that is needed is to bring it to the Temple. The bread on the other hand is not a bare ingredient. It is made from wheat, which needs to have all sorts of processes done to it before it is ready. It requires sifting and grinding, kneading and cooking to turn wheat into bread.

The two sacrifices represent the Jewish people's statuses at Pesach and at Shavuot. At Pesach, the Jewish people were a nation without much merit, they were plucked out of the Egyptians, and so similar to most Egyptians that it was difficult to tell the difference between them. They were the base product, and therefore the sacrifice that is brought on Pesach is barley - a bare, base ingredient. However, on Shavuot, the Jewish people received the Torah. Through receiving the Torah, they are given the tools with which to fulfil their ultimate task - a kingdom of priests and a holy nation, and a light to the other nations, and therefore they bring bread - the finished product.



The Jewish people changed and developed themselves. They knew that they were about to be given the Torah, and they also knew that this wasn't just going to happen. They knew that every single day was so very important, that it was an opportunity to grow and change. They knew that it was up to them. They had to make the change. It wasn't something that just happened to them. They prepared themselves. They got ready. They transformed. They became a people who were worthy of the Torah resting in their hands. It is this transformation that we are celebrating during the period of the Omer.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya, and Talia.

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