



**Shabbat, 3rd December 2022 / 9th Kislev 5783
Vayeitzei**

Service Times

Mincha followed by Kabbalat Shabbat	3.39 pm
Shacharit followed by Kiddush	9.30 am
Mincha will follow Kiddush	
No Ma'ariv service	
Shabbat Ends	4.47 pm
Next Friday: Mincha followed by Kabbalat Shabbat takes place at 3.37pm . Candle lighting at 3.37pm.	

We are open for **Shacharit** services, On **Sunday** at **8.15am**, **Monday** at **7.05am**, **Tuesday** at **7.15am** & **Thursday** at **7.05am**.

On **Tuesday, 6th December** we will be open for Shacharit at **7.15am** as it's the 1st Yahrzeit for Colin Emden, we would like as many members as possible to support this minyan.

We are open for **Ma'ariv** on **Monday - Thursday** at **7.30pm**.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.



Jewish Women's Aid Shabbat

We will be raising awareness and understanding in the Jewish community about the domestic abuse and sexual violence women face, there will be a women's only discussion after the leyning.

Torah Reading

Leyning: Vayeitzei
 Sefer Bereishit: 28:10-32:3
 Artscroll p 144, Soncino/Cohen p 164, Hertz p 106
 Haftarah: Hosea 12:13 - 14:10
 Artscroll p 1140, Soncino/Cohen p 188, Hertz p 118

Rabbi Steven Dansky

John Kent

If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News. In the forthcoming weeks, there are many dates that are available. The cost of sponsoring Cranbrook News is £15. Please call the shul office for more information.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 6.50am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

December

Monday 5 th	<i>Cranbrook Monday Club</i>
Tuesday 6 th	<i>Lunch and Learn with Rabbi Danský</i>
Wednesday 7 th	<i>Rabbi Danský Weekly Shiur</i>
Monday 12 th	<i>Cranbrook Monday Club</i> <i>Men's Virtual Happy Hour</i>
Wednesday 14 th	<i>Rabbi Danský Weekly Shiur</i>
Shabbat 17 th	<i>Mevarachim Hachodesh</i>
Sunday 18 th	<i>Kids' Chanukah Disco</i> <i>1st Chanukah Candle</i>
Monday 19 th	<i>Cranbrook Monday Club</i> <i>Chanukah: Light 2 Candles</i>
Tuesday 20 th	<i>Music Extravaganza</i> <i>Chanukah: Light 3 Candles</i>
Wednesday 21 st	<i>Rabbi Danský Weekly Shiur</i> <i>Chanukah: Light 4 Candles</i> <i>Chanukah and Music by Candlelight</i>
Thursday 22 nd	<i>Chanukah: Light 5 Candles</i>
Friday 23 rd	<i>Chanukah: Light 6 Candles</i>
Shabbat 24 th	<i>Rosh Chodesh Tevet</i> <i>Chanukah: Light 7 Candles</i>
Sunday 25 th	<i>Rosh Chodesh Tevet</i> <i>Chanukah: Light 8 Candles</i>

CRANBROOK UNITED SYNAGOGUE
BRINGS YOU

FOR PRIMARY SCHOOL AGES

KIDS' CHANUKAH DISCO

DJ
PHOTOBOOTH
GLITTER TATTOO BAR
CANDLE LIGHTING

SUN 18 DEC - 5.30-8PM

ADVANCE TICKETS ONLY -
[HTTPS://TINYURL.COM/3HYW2ANSO](https://tinyurl.com/3hyw2anso)
£8 (INCLUDING A LIGHT SUPPER)

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Lynda Benisty, Jonathan Benton, Shirley Benton, Barry Berg, Cynthia Berman, Michael Bien, Millicent Boxer, Mitchell Brent, Sarah Cohen, Jacquelyn Conner, Natalie Conroy, Simon Devan, Carol Emden, Michelle Emden, Sonny Finberg, Louis Freedman, Sidney Frenkel, Adrienne Frenkel, Patricia Gedalla, Harvey Golding, Alma Goodman, Brian Gordon, Raynor Gordon, John Gordon, Miriam Granby, Pamela Grant, Maurice Herman, Sylvia Jay, Rosalind Jessener, Howard Johnstone, Sandra Kisby, Philippa Land, Barbara Lennard, Mark Lennard, Edward Leon, Emanuel Levene, Jean Lowi, Mervyn Lyndon, Monica Mann, Evelyn Masters, Michael Monty, Maurice Nieberg, Jason Palmer, Leslie Palmer, Stephanie Plawner, Shirley Rothman, Ruth Salahi, Anne Schlesinger, Alan Scott, Michael Seigar, Alan Shone, Alan Silverman, Rita Stedman, Simon Stern, Cyril Stoller, Barbara Swillman, Marcia Tomas, Valerie West, Sally Winstock and Martin Worth.

Mazel Tov מזל טוב

Marsha Curtis, Anne Lee, Helena Mandell, Beryl Orgel, Neville Peters, Anita Sears and Doris Sheril on their respective birthdays.


Myrtle Holman on the birth of a great granddaughter, Ruby, in France and to Laurence and Julie Holman on the birth of a great niece.

Pesach 5783 - Shalom Magazine No 8

Many thanks to everyone who submitted articles for the Rosh Hashanah Edition of the Shalom Magazine. We have had some excellent feedback from our readers. The next edition of the Shul Magazine will be No. 8 - the Pesach 5783 Edition. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at stanton.philippa@gmail.com.

All articles, pictures and stories must be received by **1st February 2023**. I have already started collecting new articles, so please e-mail me as soon as you can!

I look forward to hearing from you.
Philippa Stanton - Editor



Cranbrook Synagogue Presents


CHANUKAH AND MUSIC BY CANDLELIGHT

21 December 2022
5:30-6:30 PM

at Cranbrook United Synagogue

*Join Rabbi Dansky for an evening of
Music and Celebration
Doughnuts and Coffee included!!!*

Please RSVP to the office at 020 8629 2780 or email admin@cranbrooksynagogue.org.uk to book your place!



Forthcoming stone-settings

4th December 2022	Frank Morris	Waltham Abbey	Noon
Brother of Lynne Seltzer			
11th January 2023	Ruth Williams	Waltham Abbey	Noon
Mother of Barry Cooper			
15th January 2023	Leila Delew	Waltham Abbey	Noon
Mother of David Delew			
22nd January 2023	Geoffrey Finegold	Waltham Abbey	Noon
Husband of Marilyn Finegold			
29th January 2023	Betty Spencer	Waltham Abbey	Noon
Mother of Phil Spencer			

News and Views

One of the leading ladies in the Torah who has the hardest deal is Leah. The Medrash tells us that she spent her youth crying knowing that she, as the elder daughter of Laban, would marry the elder son of Isaac, Esau, and that her sister Rachel would marry Jacob. Then when Jacob arrives, she is forced by her father to marry him, even though she knows that Rachel is Jacob's one true love.

Jacob blames Leah for agreeing to be switched with her sister. So much so, says Nachmanidies that he was ready to divorce her for tricking him. However, even though she has such sadness, when she has her fourth child, she says: "This time I will thank you". The name of Yehuda comes from the word TODA - saying thank you.



The tractate in Brachos 7B tells us that Leah was the first person ever to say thank you to Hashem. This is a very strange piece of Talmud. What does this mean that she was the first? Surely Abraham and Isaac said thank you to G-d? Surely Adam said thank you to G-d? What makes Leah so incredibly special in her saying thank you? What was unique about her thanks?

Saying thank you comes from a recognition that I am getting something I truly do not deserve. We go through life with a sense of rights - of things that we should have, of the ways that things should go in life, and sometimes we are unpleasantly surprised by what we get, and this can lead to depression and upset. Why is G-d not taking me seriously? Why is G-d not listening to my prayers? Why are things not going the way that I planned?

Nobody could have had this lesson harder than Leah. She tries and tries to escape her destiny of getting married to a man like Esau, who would ensure her a loveless marriage, and she ends up with the right man, but the result is the same - a loveless marriage in which she feels hated.

She keeps having children in the hope that her husband will love her. It would be natural of Leah to think she deserved this fourth son, her pain has earned her this right.

Instead, she does something absolutely amazing. She thanks G-d. She recognises that what she is getting is so much more than she deserves, and she takes nothing for granted. She is able to move away from her personal pain, and focus on the objective granting of something beautiful, something which she can identify as coming from G-d.



This is an amazing lesson for us all. Things that happen in our lives are not a given. When things are bad, we are so quick to say: Where is G-d - why is my Father in heaven not taking care of me? And when we feel some sort of release from that sense of badness, we accept what has happened as being our due, not as coming from the Almighty. Leah bucks this trend. She is able to move away from her own suffering, and her own pain, and says - this is a true gift of G-d.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya, and Talia Dansky.

Cranbrook United Synagogue, Beehive Lane, Ilford, Essex. IG1 3RT, Tel: 020 8629 2780

email: admin@cranbrooksynagogue.org.uk Website: www.cranbrooksynagogue.org.uk