

# Shabbat, 10<sup>th</sup> February 2024 / 1<sup>st</sup> Adar Rishon 5784 Mishpatim / Shabbat Rosh Chodesh

# Service Times

Mincha followed by Kabbalat Shabbat Shacharit followed by Kiddush Mincha follows Kiddush **No Ma'ariv service** 

Shabbat Ends

after 12.39pm

5.54pm

4.49pm

9.30am

Next Friday: Mincha followed followed by Kabbalat Shabbat at 5.02pm

Geraldine & Frank Jackson on their Sapphire (45th) Wedding Anniversary.

Sara & Ronald Kay on their wedding anniversary

Stephen Green, Sacha Johnstone, Barbara Klinger, Sheila Mason and Stanley Rogoff on their respective birthdays



Torah Reading

Leyning: Mishpatim Sefer Shemot: 21:1-24:18 Artscroll p 416, Hertz p 306, Cohen/Soncino p 471

Maftir: Bamidbar 28:9-15

Artscroll p 890, Hertz p 695, Cohen/Soncino p 945

Haftorah: Isaiah 66:1-24

Artscroll p 1208, Hertz p 944, Cohen/Soncino p 1188

Rabbi Steven Dansky

Simon Stern

If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News. In the forthcoming weeks, there are many dates that are available. The cost of sponsoring Cranbrook News is £15. Please call the shul office for more information.



Children's Service: 10.30am	
Regular Weekday Services: Sunday, Monday, and Tuesday	at Ilford Federation Synagogue;
Wednesday, Thursday, and Friday at Cranbrook United Syr	nagogue.
Shacharit: Sunday & Public Holidays at 8.30am.	
Shacharit: Monday & Thursday at 7.20am. Tuesday, Wedn	esday, and Friday at <b>7.30am.</b>
Rosh Chodesh Shacharit: Sunday at 8.30am; Monday to Fr	riday at <b>7.10am.</b>
Mincha: Monday to Thursday at 1.30pm at Chabad Gants I	Hill
Mincha: Sunday at 4.50pm; Ma'ariv: Monday, Tuesday, We	ednesday & Thursday at <b>7.30pm.</b>

Dates for the Diary			Lunch & Learn		
February					
Shabbat 10 <sup>th</sup>		Rosh Chodesh Adar 1	you are invited to		
Wednesday 14 <sup>th</sup>	@10am	Rabbi Dansky Weekly Shiur	Lunch		
	@ 3.30pm	Cranbrook Culture Club	& Learn		
Monday 19 <sup>th</sup>	@12.30pm	Lunch & Learn with Rabbi Dansky	Excellent Food,		
Tuesday 20 <sup>th</sup>	@ 8pm	Music Extravaganza Night	Fascinating Discussions		
Wednesday 21 <sup>st</sup>	@10am	Rabbi Dansky Weekly Shiur	22 January 5 February		
Friday 23 <sup>rd</sup>		Purim Katan	19 February 4th March		
Shabbat 24 <sup>th</sup>		Shushan Purim Katan	18 March		
Wednesday 28 <sup>th</sup>	@10am	Rabbi Dansky Weekly Shiur	Please RSVP by Thursday BEFORE at 2PM by calling 0208529-2780, or email memory services and the service of the		
March			annunder unproces hur för för av förs		
Monday 4 <sup>th</sup>	@12.30pm	Lunch & Learn with Rabbi Dansky	Please call or <u>e-mail</u> the Office to		
Wednesday 6 <sup>th</sup>	@10am	Rabbi Dansky Weekly Shiur	book for <b>Monday, 19<sup>th</sup> February</b>		
	@ 7.30pm	Women's Health Event	by <b>2pm</b> on <b>Thursday</b> , <b>15</b> <sup>th</sup>		
Shabbat 9 <sup>th</sup>		Shabbat for Israel	February.		
		Mevarachim Hachodesh			
		Parashat Shekalim	Call 020 8629 2780 or e-mail		
Sunday 10 <sup>th</sup>		Rosh Chodesh Adar II	admin@cranbrooksynagogue.org.uk		
Monday 11 <sup>th</sup>		Rosh Chodesh Adar II			

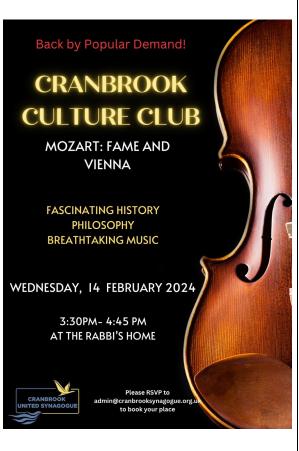
### We wish the following members, who have Yahrzeit in the coming week, a long life: -

Sylvia Allen, Sandra Barnett, Bernard Berman, Kenneth Black, Adrienne Braham, Colin Braham, David Bresh, Alexandra Clements, Anthony Clements, June Davis, Helen Flax, Renee Graham, Steven Graham, Melvyn Granby, Eunice Green, Helen Harris, Derek Hooker, Morris Huberman, Geraldine Jackson, Martin Jacobs, Jeffrey Leader, Marilyn Lester, Lindsey Levison, Rose Levy, Maureen Marcus, Laura Mendoza, Michelle Mervish, David Michaels, Allan Osborne, Michelle Osborne, Neville Peters, Max Placks, Sarah Roat, Helen Selner, Shirley Silver, Ellard Swillman, Louis Vitow, Frances Wallace, Raymond Waxman, Loretta Zack and Michelle Zubary.

#### Boys Town Jerusalem - 26th February

To book please call the office on 020 8629 2780 to show your support.





**Cranbrook Culture Club** 

Please call or email the Office 020 8629 2780 to book your place by 2pm on Monday, 12th February.

The shul website is now password protected please e-mail webmaster@cranbrooksynagogue.org.uk or WhatsApp 07956 617669 to get the password.

Condolences to: The families of Alicia Lewis, Stanley Simmons, Harry Cohen, Angela Fox and Louis (Joseph) Dightmaker.

### Forthcoming stone-settings

18 <sup>th</sup> February 2024	Shirley Collett	Waltham Abbey	Noon	
Mother of Philip Collett				
29 <sup>th</sup> February 2024	Betty Bernard	Waltham Abbey	Noon	
Mother of Jacquie Feldn	nan			
17 <sup>th</sup> March 2024	Ivor Miller	Waltham Abbey	11.00am	
Husband of Anita Miller				
17 <sup>th</sup> March 2024	Martin Mercer	Waltham Abbey	11.30am	
Father of Michael Merce	r			
17 <sup>th</sup> March 2024	Gabriel Shine	Waltham Abbey	Noon	
Husband of Shirley Shin	<u> </u>	· · · · · · · · · · · · · · · · · · ·		

#### **News and Views**

There is a commandment in our parashah of giving out loans to those people in our community who are in need. The Torah tells us: "If you will need to lend money to those in our community who are less wealthy and well off than you, then you have a responsibility to help them out". The verse sounds like it is an optional commandment. If you feel like giving money to those who are less well off than you, well and good.

However, **if** you don't, and there is a good chance that you may not want to, you don't have any responsibility to loan the money. Rashi quotes Rabbi Yishmael, who says that this is not an optional commandment. This is a MUST. The commandment here is not to give charity, but to provide a loan to those people who cannot afford to live.

The book of Ruth tells us the story of Ruth the Moabite girl, who accompanies Naomi, her mother-in-law, back to the land of Israel. After having lived in Moab for 10 years, Naomi and Ruth return as complete paupers to the land of Yehuda. Ruth, who was the daughter of kings, is now forced into a situation of asking for charity. She goes to the fields in the hope that someone will help her, and indeed, it is BOAZ who gives her plenty of grain.

When she returns to her mother-in-law and shows her what she has gathered, her mother-inlaw asks her who her benefactor was; she responds: "The man that I did something for or to is BOAZ". There seems to be something strange about this statement. Surely the verse should read the man who did something for me, not the man who I did something for is BOAZ. BOAZ is the benefactor, not Ruth.



From here, the Talmud says something quite counter-intuitive: The receiver of kindness does more for the benefactor than the benefactor does for the receiver of kindness. The person who receives kindness definitely gets what he needs to survive. What does the benefactor get? What did BOAZ get from the interaction with Ruth?

Rabbi Sacks of blessed memory answers this question. He says that when we receive things, we feel beholden to others, but when we give things we become nobler through the act of giving. When we give to others, we are aware of the potential that we have to change the world. We realise that we are needed, that we make a difference. This is why giving to others is essentially the greatest gift of all.

l wish you all a good Shabbos.

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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