



CRANBROOK NEWS

22 Beehive Lane ● 020 8629 2780



Shabbat, 23rd March 2024 / 13th Adar Sheni 5784
Vayikra / Parashat Zachor

Service Times

Mincha followed by Kabbalat Shabbat

6.02pm

Shacharit followed by Kiddush

9.30am

Mincha follows Kiddush

after 12.38pm

No Ma'ariv service

Shabbat Ends

7.06pm

Sunday – Mincha/Ma'ariv at Ilford Federation, 2A Clarence Ave, Ilford, IG2 6JH @ 6.05pm

Next Friday: Mincha followed followed by Kabbalat Shabbat at **6.14pm**

This week's Kiddush is kindly sponsored by Sylvia and Gerald Goodman on the occasion of his second Barmitzvah.

Gerald Goodman on his second Barmitzvah this Shabbat.

Vivienne & Michael Seigar on their Gold (50th) Wedding Anniversary.

Donna Gold, Renee Graham, Marc Green, Alex Keller, Darren Meredeen, Warren Mullish, Doreen Wajchendler and Gina Winton on their respective birthdays.



Torah Reading

Leyning: Vayikra

Sefer Vayikra: 1:1-5:26

Rabbi Steven Dansky

Artscroll p 544, Hertz p 410, Cohen/Soncino p 605

Maftir: Devarim 25:17 - 25:19

Artscroll 1066, Hertz 856, Soncino/Cohen 1114

Simon Stern

Haftarah: I Samuel 15:2 - 15:34

Artscroll p 1214, Hertz p 995, Soncino/Cohen p 1192

This week's Cranbrook News is kindly sponsored by Martin Silver on the occasion of his 90th birthday.

Children's Service: 10.30am
Regular Weekday Services: Sunday, Monday, and Tuesday at **Ilford Federation Synagogue;** Wednesday, Thursday, and Friday at **Cranbrook United Synagogue.**
Shacharit: Sunday & Public Holidays at **8.30am.**
Shacharit: Monday & Thursday at **7.20am.** Tuesday, Wednesday, and Friday at **7.30am.**
Rosh Chodesh Shacharit: Sunday at **8.30am;** Monday to Friday at **7.10am.**
Mincha: Monday to Thursday at 1.30pm at **Chabad Gants Hill**
Ma'ariv: Monday, Tuesday, Wednesday & Thursday at **7.30pm.**

Dates for the Diary		<i>Purim Timings Saturday Night</i>
March		
Shabbat 23 rd	<i>Shabbat Zachor Megillah Reading @ 7.40pm Purim Party</i>	<i>19:06pm – Shabbat Ends</i>
Sunday 24 th	<i>Purim @ 9am Shacharit & Megillah Reading</i>	<i>19:25pm - Ma'ariv</i>
Monday 25 th	<i>Shushan Purim</i>	<i>19:40-19:45 until 20:30pm - Megillah Reading</i>
Friday 29 th	<i>Bank Holiday Shacharit @ 8.30am</i>	<i>20:30-20:40 Purim Parade</i>
Shabbat 30 th	<i>Shabbat Parah</i>	<i>20:40 until 22:00 Purim Food and party.</i>
Sunday 31 st	<i>British Summer Time Begins @ 1am</i>	
April		
Monday 1 st	<i>Bank Holiday Shacharit @ 8.30am</i>	Sunday Morning
Shabbat 6 th	<i>Mevarachim HaChodesh Shabbat HaChodesh</i>	Please join us tomorrow morning at 9am for Shacharit followed by the Megillah reading at approximately 9.45am.
Tuesday 9 th	<i>Rosh Chodesh Nisan</i>	
Tuesday 16 th	<i>Online Music Extravaganza</i>	
Rabbi Dansky's weekly shiur will resume on 8th May at 10am.		

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Henry Bernstein, Karen Brent, Rafi Caplin, Kay Demby, Hannah Garfinkle, Gerald Goodman, Elizabeth Greyman, Gloria Krist, Sadie Levy, Matthew Noble, Alan Singer, Miriam Stein, Helen Tranis, Frances Wallace, and Howard Walters.

PURIM

Takes place **14th** of the Jewish month of Adar on the

4 mitzvot of Purim – Megillah, Matanot La'Evyonim (gifts to the poor), Mishloach Manot (sending food gifts) and Mishteh (a feast)

Jamie Macdonald ate **48** Hamantaschen in 5 minutes, setting the record during the 2nd Annual El Al Airlines National Hamantaschen Eating Championship in New York (Don't try this at home!)

In a Jewish leap year (like this year), Purim is in the **2nd** month of Adar (Adar Sheini)

15th century traces back to the

Matanot Le'evyonim is given to at least **2** poor people

God's name is mentioned **0** times in the Megillah!

The popular tradition to dress up in costume on Purim




THE FESTIVALS IN NUMBERS

The United Synagogue

Plastic Free Purim tips

PLASTIC FREE PURIM TIPS

- Using a recycled paper bag, box or wooden basket for packaging mishloach manot and avoid cellophane
- Selecting food items with as little plastic packaging as possible. Great examples include fresh bakery goods wrapped in paper, dips, olives, pickles and jams in glass jars, fruit that requires no extra wrapping, chocolate bars in paper and beverages in cans or glass bottles
- Use permanent crockery/cutlery for any shul food based events. This can be provided by the caterer or hired separately if you don't have existing sets
- Use recycled paper bags and recyclable stickers for children's mishloach manot packages. Consider two good quality items without plastic packaging rather than numerous individually plastic wrapped items. A large paper-wrapped bakery item with a piece of fruit will go down a treat!
- Avoid providing plastic gaggers or gifts

dorot
thiving for generations



The shul website is now password protected please e-mail webmaster@cranbrooksynagogue.org.uk or WhatsApp 07956 617669 to get the password.

Condolences to: The families of Joan Bajer and Maurice Herman.

Forthcoming stone-settings

7th April 2024	Anthony Eisen	Waltham Abbey	10.30am
Brother of Rose Blitz			
7th April 2024	Audrey Davis	Waltham Abbey	12.30pm
Mother of Beverley Davis			
7th April 2024	Phoebe Morris	Waltham Abbey	1.00pm
Mother of Jan Diamond			
7th April 2024	Maurice Lesley	Stock Road, SOS	2.30pm
Father of Alison Keizner			
7th April 2024	Cyril Vancliff	Waltham Abbey	3.30pm
Husband of Shirley Vancliff, father of Deborah Gandz			

News and Views

One of the most amazing aspects of the story of Purim is that the Jews start off in a very familiar place in Persia - they are scattered and **separated from one another**. However, when the Jews are threatened by the evil Haman, they pull themselves together - they gathered together to stand for what they believed in. They fasted together with Esther, they prayed for Mordechai, they fought for their pride and for their religion. The greatest miracle is that the Jews let go of all their petty arguments and stood together - in unity.

This Achdus or unity is one of the central themes of Purim. If we look at the commandments of the day, we need to gather together - men, women and children to hear the megillah **twice**; once in the night and once in the day. Even though it is a time bound commandment, and women are generally exempt, women and children who are old and mature enough to hear the megillah need to listen to the megillah. The Mishnah Brura, quoting the Eliyah Rabbah, explains that the 'Nes' or miracle of Purim was something which **all** people - men, women and children experienced. We read in the Megillah that Haman wanted to kill all the Jews, literally EVERYONE, even the women and children, who are specifically mentioned by Haman - TAF VENASHIM all on one day.

It's a moment of celebration, of joy, and the best way to experience joy is to get together. There is also a custom to increase joy on a communal level on the night of Purim. We are going to have a fantastic Purim function at the shul, and I urge you all to take advantage of the evening; an opportunity to unify and get our community even closer together.



There is an obligation on **Purim day** to have a festive meal - a Simchas Purim. The majority of the Seudah should be in the day, and therefore we will also have an earlier Mincha prayer on Purim day at 2pm. Although you don't have to have a 3-course meal, you should wash and bentch for it; and it is also a good idea to have wine. Ask friends over - have a great time - unite in joy, in wine and in great food! (sounds like an advert for well known restaurant, but you get the message!)

There is also an obligation of giving at least two Matanot Le'evyonim - presents to our brothers and sisters who cannot afford them; while the Poskim don't have an exact amount of how much this should be, it should be **at least** enough to buy some food or a loaf of bread. I will be collecting the money on Purim, and this money will be donated to those in need in our community.

There is a further obligation to give at least two Mishloach Manot - gifts of food to one's friends. The Poskim tell us that you have to give two different foods as a minimum, (but they can be the same blessing), and that they are ready to eat as they are. The purpose of this commandment is to ensure that we increase friendship in our community, to feel really connected to one another, and to make sure that no-one is left out.

I wish you all a good Shabbos.

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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