



**Shabbat, 14th January 2023 / 21st Tevet, 5783
Shemot**

Service Times

Mincha followed by Kabbalat Shabbat 4.02pm

Shacharit followed by Kiddush 9.30am

Mincha will follow Kiddush

No Ma'ariv service

Shabbat Ends 5.11pm

Next Friday: Mincha followed by Kabbalat Shabbat takes place at **4.13pm**. Candle lighting at 4.13pm.

We are open for **Shacharit** services, On **Sunday** at 8.15am, **Monday** at 7.05am, & **Thursday** at 7.05am.

We are open for **Ma'ariv** on **Monday - Thursday** at 7.30pm.

If you can help to make up the weekday minyanim in Shul, please let us know by calling 020 8629 2780.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.

Cranbrook Synagogue is far more than just a place where people come together for prayers. **It is also** a place in which we can get together, socialise, and have a safe space in which we can enjoy ourselves and feel part of a community. In the past we have held a Monday Club, which has proved successful, but we realise that if we are going to run it in the future, we need your input as to what will make it an exciting highlight of our weeks.

We therefore would very much like to meet anyone who is interested in attending and playing a part in this fantastic venture to join us this Monday - 16th of January at 11am in the Shul Hall.

Your input is essential to make this club the best it can be. We look forward to seeing you there.

Torah Reading

Sedra: Shemot

Sefer Shemot: 1:1-6:1

Rabbi Steven Dansky

Artscroll p 292, Cohen p 319, Hertz p 205

Haftorah: Isaiah 27:6-28:13, 29:22-29:23

Daniel Rose

Artscroll p 1147, Cohen p 345, Hertz p 225



This week's Cranbrook News is kindly sponsored by Howard Sterne in loving memory of his dear mother, Brenda Sterne, Brundel Rifka bat Yosel Zundel z"l.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 6.50am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

January

Monday 16 th @ 11am	<i>Public Meeting in Mark Lewis Hall</i>
Tuesday 17 th @ 12.30pm	<i>Lunch 'n 'Learn with Rabbi Dansky</i>
@ 8.00pm	<i>Music Extravaganza</i>
Wednesday 18 th @ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Thursday 19 th @ 2pm	<i>Cranbrook Culture Club</i>
Shabbat 21 st	<i>Mevarachim Hachodesh</i>
Monday 23 rd	<i>Rosh Chodesh Shevat</i>
@ 4.00pm	<i>Men's Virtual Happy Hour</i>
Tuesday 24 th @ 3.30pm	<i>Coffee and Chat with Rev Newman</i>
Wednesday 25 th @ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Tuesday 31 st @ 12.30pm	<i>Lunch 'n 'Learn with Rabbi Dansky</i>

February

Wednesday 1 st @ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Thursday 2 nd @ 3.30pm	<i>Ladies Tea & Chat</i>
Monday 6 th	<i>Tu B'Shevat</i>
Tuesday 7 th @ 3.30pm	<i>Coffee and Chat with Rev Newman</i>
Wednesday 8 th @ 10am	<i>Rabbi Dansky Weekly Shiur</i>



ONLINE
MUSIC APPRECIATION
EXTRAVAGANZA

TUESDAY 17TH JANUARY

THE PRODUCERS
THE MEN & WOMEN BEHIND THE RECORDS!

8.00PM - 9.30PM

Hosted by: **STEPHEN COLMAN & TONY KAYE**

Different Theme each time
Email Stephen with your suggestions

src2008A@gmail.com

Queries to Robin Abrahams - 07956617669
Zoom: <https://tinyurl.com/musicextravaganza>
ID: 823 7234 9872 Passcode: 157750

Made with PosterMyWall.com



We wish the following members, who have Yahrzeit in the coming week, a long life: -

Ruth Abrahams, Cissie Ackerman, Samuel Agasee, Simon Alexander, Melody Alicoon, Judith Bara, Sandra Baum, Michael Belson, Barry Blitz, Samuel Blitz, Jacqueline Burns, Yael Callaghan, Sidney Cohen, Harry Cohen, Wendy Coleman, Miriam Conway, Sandra Coren, Harvey Coulton, Michael Darwin, Jeffrey Faber, Adele Fidlan, Barrie Gold, Jillian Gold, Mitchell Gordon, Mary Grant, Gerald Grant, Hilary Green, Pauline Jelen, Peter Kay, Joseph Kaye, Irene Kaye, Lillian Kirsch, Irene Klein, Evelyne Levene, Rochelle Levy, Denise Mallach, Joy Mallach, Leonard Martin, Michael Martin, Gilda Melnick, Claire Michaels, Charles Mitchell, Sandra Nessick, Francklyn Rabin, Martin Rankoff, Daniel Rose, Paul Rosen, Andrea Rosenberg, Anthony Roth, Diane Roth, Leonard Shear, Lorraine Silver and Josette Wolffe.

Mazel Tov מזל טוב

Neville & Andrea Sonkin (30th) on their wedding anniversary.

David Flaum, Emuna Green, Gerda Rosenberg, Susan Solomon and Amber Tassie on their respective birthdays.

Howard and Sue Walters on the birth of a granddaughter

Pesach 5783 - Shalom Magazine No 8

Many thanks to everyone who submitted articles for the Rosh Hashanah Edition of the Shalom Magazine. We have had some excellent feedback from our readers. The next edition of the Shul Magazine will be No. 8 - the Pesach 5783 Edition. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at stanton.philippa@gmail.com.

All articles, pictures and stories must be received by **1st February 2023**. I have already started collecting new articles, so please e-mail me as soon as you can!

I look forward to hearing from you.
Philippa Stanton - Editor

CRANBROOK CULTURE CLUB

FROM J.S. BACH TO JOHN
WILLIAMS: AN
APPRECIATION OF
CLASSICAL MUSIC

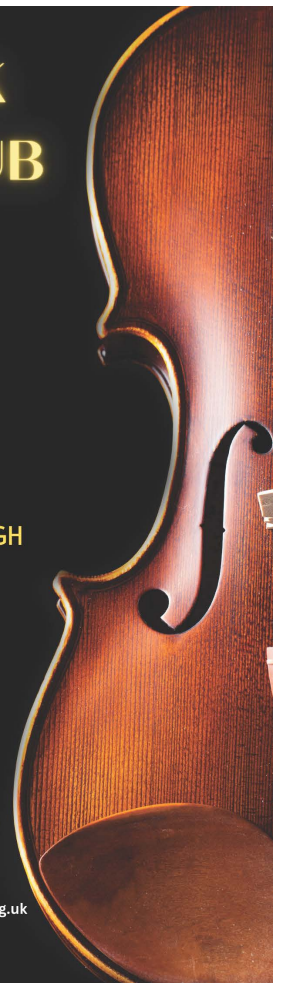
FASCINATING HISTORY
PHILOSOPHY
BREATHTAKING MUSIC
SEE HOW MUSIC EVOLVED THROUGH
THE CENTURIES

BEGINNING THE 19TH JANUARY
2-3:30PM IN THE TIBBER LIBRARY
SCHALLER HOUSE
CRANBROOK SYNAGOGUE

MODULE ONE: THE BAROQUE ERA



Please RSVP to
admin@cranbrooksynagogue.org.uk
to book your place



Please call the Shul Office on 020 8629 2780 to
book your place.

Forthcoming stone-settings

15th January 2023	Leila Delew	Waltham Abbey	Noon
Mother of David Delew			
22nd January 2023	Geoffrey Finegold	Waltham Abbey	Noon
Husband of Marilyn Finegold			
29th January 2023	Betty Spencer	Waltham Abbey	Noon
Mother of Phil Spencer			
5th February 2023	Yolanda Guns	Waltham Abbey	10.30am
Friend of Barry Abrahams			
5th February 2023	Monty Vitow	Waltham Abbey	Noon
Brother of Louis Vitow			

The Haftorah of Shemot – Days are Coming.

This week's Parasha deals with the exile of the children of Israel in Egypt, and the beginning of their redemption. Our Haftorah begins with the same theme of exile and redemption, but this time, the focus is on the future redemption of the Jewish people with the coming of the Mashiach, rather than on the past exodus from Egypt. While the theme is the same, there are some surprising contrasts, and these contrasts will clarify the means of our ultimate redemption.



The Haftorah begins with the words “Days **are coming** when Jacob will take root; Israel will bud and blossom...” (Yeshaya/Isaiah 27:6) giving Jews hope for the end of the influence of this long exile from which we still suffer today. While the Jewish people may be ravaged by exile and persecution, there will come a time when those who remain will flourish. The wording is very similar to the beginning of this week's Parasha where the same words about “**are coming**” are also used. However, the contrast could not be greater. “These are the names of the sons of Israel who are coming to Egypt” signals the beginning of the bitter exile of the Israelites in Egypt. The influence of Joseph has waned, and while Israel does increase in number and “...the earth becomes full of them” (Shemot 1:7) they become more entrenched in exile, not less so.

The Haftorah then talks about our unfaithfulness to G-d which has caused our current exile, but then prophesies that eventually we will be redeemed. Isaiah states “It will be on that day that a huge Shofar will be blown, and those who are lost from the land of Assyria, and those who are cast away from the land of Egypt will come and bow to G-d in Jerusalem” (Yeshaya 27:13).

The Redak (Rabbi David Kimchi 1160-1225) explains that it doesn't mean that a shofar will literally be heard across the world, rather, there will be an internal realisation of the entire Jewish people that the time has come to be redeemed. It is a metaphor - the Jews across the world will unite as if they all heard the siren of the Shofar. The signal of their redemption is internally driven. Again, this is in contrast to our Parasha. What wakes the Jewish people up from their slumber in the Egyptian exile is not an internal realisation that enough is enough; the elders need to be encouraged via Moses and the signs that he shows to them to prove his voracity as G-d's messenger. The catalyst for change is external rather than internal.

The Torah talks about the malaise of the Jewish people in exile, describing them as disconnected from their heritage, and that they swarmed like insects on the land (Shemot 1:7) Our sages assert that they had arrived at the 49th level of impurity. It is an incredible kindness from the Almighty that we were redeemed from Egypt. However, at the end of the Haftorah, we are told “Jacob shall not be ashamed now, when he sees his children...who will sanctify my Name” (Yeshaya 29:22- 23). The ultimate redemption of the Jewish people will occur when we have arrived on a greater spiritual level, rather than from a depressed and dispirited one.

I wish you all a good Shabbos, Rabbi Steven, Siobhan, Maya and Talia Dansky.

Cranbrook United Synagogue, Beehive Lane, Ilford, Essex. IG1 3RT, Tel: 020 8629 2780
email: admin@cranbrooksynagogue.org.uk Website: www.cranbrooksynagogue.org.uk