



Shabbat, 1st April 2023 / 10th Nisan 5783
Tzav / Shabbat HaGadol

Service Times

Mincha followed by Kabbalat Shabbat

7.15pm

Shacharit followed by Kiddush

9.30am

No Mincha or Ma'ariv service

Shabbat Ends

7.09pm

Next Friday: Mincha followed by Ma'ariv takes place at **6.30pm**. Candle lighting at **7.29pm**.

This week's Kiddush is kindly sponsored by Martin & Estelle Silver to celebrate Martin's 89th birthday.



Today is **Shabbat HaGadol** – literally the “Great Shabbos” – and it is traditional for the Rabbi to speak at length about the laws and customs of Pesach to guide and encourage the community in their preparations for the festival.

We are open for **Shacharit** services, On **Sunday** at 8.15am, **Monday** at 7.05am, & **Wednesday** 7.15am.

We are open for **Ma'ariv** on **Monday 3rd** and **Tuesday 4th** at 7.30pm.

The Shul Office will be closed from Wednesday 5th till Thursday 13th reopening on Friday 14th from 10am to Noon.

Torah Reading

Leyning: Tzav

Sefer Vayikra: 6:1-8:36

Rabbi Steven Dansky

Artscroll p 568, Hertz p 429, Cohen/Soncino p 631

Haftarah: Malachi 3:4 - 3:24

Rabbi Steven Dansky

Artscroll p 1220, Hertz p 1005, Cohen/Soncino p 1197

**The Ministers, Honorary Officers and Synagogue Council wish you
all a happy and Kosher Pesach.**

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 7am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

April	
Shabbat 1 st	<i>Shabbat HaGadol</i>
Wednesday 5 th	<i>Ta'anit Bechorot</i> 10.51am - Latest time for Chometz 1 st Seder Night
Thursday 6 th	<i>Pesach 1st Day</i> 2 nd Seder Night
Friday 7 th	<i>Pesach 2nd Day</i> Bank Holiday
Shabbat 8 th	<i>Shabbat Chol Hamoed</i>
Sunday 9 th	<i>2nd Day Chol HaMoed</i>
Monday 10 th	<i>Bank Holiday</i> 3 rd Day Chol HaMoed
Tuesday 13 th	<i>4th Day Chol HaMoed</i>
Wednesday 12 th	<i>7th Day Pesach</i>
Thursday 13 th	<i>8th Day Pesach</i> Yizkor @ 11.15am approx.
Shabbat 15 th	<i>Mevarachim Hachodesh</i>
Monday 17 th	@ 4pm <i>Men's Virtual Happy Hour</i> @ 7.15pm <i>Yom HaShoah</i>
Tuesday 18 th	@ 3.30pm <i>Coffee & Chat with Rev Newman</i>
Wednesday 19 th	@ 10am <i>Rabbi Dansky Weekly Shiur</i>

Pesach Service Times

Wednesday 5th April

Shacharit followed by a Siyum - 7.15am

Mincha followed by Ma'ariv - 6.40pm

Candles to be lit at 7.26pm and 1st Seder to begin after 8.23pm

1st Day Pesach - Thursday 6th April

Shacharit 9.30am

Mincha followed by Ma'ariv - 7.15pm

Candles to be lit and 2nd Seder to begin after 8.31pm

2nd Day Pesach - Friday 7th April - Bank Holiday

Shacharit 9.30am

Mincha followed by Ma'ariv - 6.30pm

Light Candles and Shabbat begins at 7.29pm

Shabbat Chol Hamoed - Saturday 8th April

Shacharit 9.30am

Shabbat Ends at 8.34pm

Chol Hamoed - Sunday 9th April

Shacharit 8.15am

Chol Hamoed - Monday 10th April - Bank Holiday

Shacharit 8.15am

Mincha followed by Ma'ariv - 7.30pm

Chol Hamoed - Tuesday 11th April

Mincha followed by Ma'ariv - 6.30pm

Light Candles and Yom Tov begins at 7.36pm

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Marc Alicoon, Melanie Alicoon, Ryan Alicoon, Jeffrey Block, Renee Bravo, Barbara Brodie, Pamela Davies, David Decker, Simon Devan, Derek Ettinger, Carole Finkeltaub, Esther Frankel, Barrie Gold, Lionel Goldberg, Ruth Goldberg, Barbara Goldman, Paul Goldman, Stuart Goldman, Joseph Gordon, Zane Grant, Joanne Green, Marc Green, Jeffrey Haimov, Shirley Herst, Dalia Ilan, Suzanne Leigh, Patricia Lewis, Annette Luder, Loraine Macatonia, David Michaels, Sandra Miller, Sidney Moss, Maurice Nieberg, Malcolm Perez, Ivor Perl, David Rein, Howard Robbins, Emanuel Robinson, Hilda Rogoff, Joan Rose, Patricia Russell, Jean Sanett, Kevin Simmons, Hannah Stern, Harvey Tibber, Paul Tobe, Vivien Vant, Beverley Wagner, Jenny Wernick and Sally Winstock.



Richard & Hannah Helman on their 1st wedding anniversary.

Sheila Benson, Adrian Bourne, Sharon Collins, Alexandra Green, Sandra Keller, Frances Keen, Sadie Langsman, Linda Levene, Estelle Mendoza, Jennifer Schaller, Jack Selner and Zena Shayer on their respective birthdays.

Clarification regarding the Shabbat times during the summer months

Ordinarily Shabbat begins 18 minutes before sunset. However, as we enter the long days of summer in our community, we will be bringing Shabbat in at the earlier time of **7.40 pm**.

This will allow our members to have their Friday night meal at a more convenient hour. For the benefit of our members who are unable to light candles with the rest of the community at **7.40 pm**, we have put the latest time for candle lighting in brackets.

Kabbalat Shabbat will take place at 7.15pm throughout the summer.

Join us at Cranbrook Synagogue for

LUNCH 'N LEARN

WITH RABBI DANSKY

12:30PM START

£8 for lunch per session

25 APRIL 2023	9 MAY 2023 LAG B'EOMER	23 MAY 2023
6 JUNE 2023	20 JUNE 2023	4 JULY 2023

PLEASE RSVP BY THURSDAY BEFORE THE SESSION VIA EMAIL AT
ADMIN@CRANBROOKSYNAGOGUE.ORG.UK
 OR CALLING 020 8629 2780
 VEGETARIAN OPTIONS ARE AVAILABLE UPON REQUEST

Please call or e-mail the Office to book for **Tuesday, 25th April** by lunchtime on **Thursday 20th April**.

Call 020 8629 2780 or e-mail
admin@cranbrooksynagogue.org.uk

Forthcoming stone-settings

2nd April 2023	Hetty Liborwich	Waltham Abbey	11.00am
Mother of Howard, Barry & Ian Liborwich			
2nd April 2023	Brenda Moss	Waltham Abbey	Noon
Aunt of Sarah Son-Sawyer			
23rd April 2023	Marvin Karp	Waltham Abbey	11.30am
Husband of Deanna Karp			
23rd April 2023	Edward Harris	Waltham Abbey	Noon
Husband of Pamela Harris			
24th April 2023	Anita Silver	Waltham Abbey	Noon

News and Views

We call the time of Pesach a time of freedom Z'man Cheiruseinu, the moment of our freedom, our emancipation. This concept makes lots of sense in the context of the Jewish people who left Egypt. They left Egypt, the house of slavery, they were free. They were not constrained by any other laws other than the laws of the Torah. They didn't have to pay taxes. They didn't have to go to the army or vote for parliament.

They were truly free. It is perfectly correct and admirable for them to call themselves people who are free. However, there have been many thousands of years from the giving of the Torah until this very moment when the Jewish people have been anything but free. The Jews have been sent into exile time and time again, first by the Assyrians, then the Romans, then by others. Year after year, we have faced persecution. We were not free to live our lives as we wished. Christian rule over Europe severely curtailed the types of things that Jews were allowed to do, the professions that they were allowed to have. Although there are some who view the life of the Jews in the Heim in Russia and Lithuania, in Poland and Galicia as free, many would argue that they were not free to live as they wished. Every single year, they feared for their very lives; for the Tzarist Russians to turn a blind eye as Cossacks raided our homes and villages, killing, looting, pillaging. Is this freedom?



Yet right throughout history, when it comes to Pesach, we immediately drop all concerns and declare the day YOM CHEIRUSEINU - the day of our freedom. This doesn't make much sense.

There is a story about a Jew who returned from Shul one Shabbos to find his house completely destroyed and his family scattered by marauding Cossacks. It was Shabbat Hagadol, the Shabbat before Pesach. Heartbroken and bereft of shelter, the Jew went to listen to his Rebbe, the Rabbi Yehoshua Rebbe, the Apter Rebbe to hear the traditional Shabbat Hagadol Shiur. In the middle of the ruin wrought by the Cossacks, the Rebbe spoke of Pesach as a time of redemption. The unfortunate Jew returned to his wrecked home, to the desolate remains of what had once been his, and at the conclusion of the Shabbos could be seen dancing among the ruins and singing the praises of G-d. From where did this holy Jew gain the personal strength that would enable him to celebrate through the ruins of his life? Where was his personal redemption?

I would like to share an idea of which I spoke a few weeks ago about Matza. The Maharal explains that on Pesach we eat Matza - which is called poor man's bread. The reason, says the Maharal that Matza is poor, is not because of the quality of the bread, or the fact that it hasn't risen enough. It is because the Matza, like the poor person, only has enough for the basic necessities of life. A poor man just has enough to keep body and soul together. Similarly, the Matza has no frills to it - it has no oil or honey to make it sweeter or more enticing. It is the bare bones of bread - no more, and no less. This, says the Maharal, as counterintuitive as it sounds is true freedom. In our lives, we have who we are, our personalities, our souls - the basics of who we are.

Those basics of who we are become compromised by so many things which we believe enrich our lives. We gain more wealth and possessions and with that increase, is an increase in worry and concern for those possessions. We confuse ourselves with what we own. I must be great because I have a lot of money, and I wear a Carducci suit. The more we **add** to our perception of ourselves, the more **we become that perception** rather than who we are. We attach ourselves to the dreams of what we would like to be in our lives - the millionaire, the fancy holiday on a cruise.

We attach ourselves to what might have been - if only I hadn't lost that business opportunity, if only I had made that merger, if only I hadn't lost that high paying job. The more we connect to the past and to the future, the less we are able to concentrate **on the now**, on the basics of who we are. Our Middot, the way that we interact with other people, the love that we are able to show to our friends and loved ones - that is who we are.

Wishing you all a Chag Kasher V'Sameach

Rabbi Steven, Siobhan, Maya and Talia Dansky

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