

Shabbat, 26th November 2022 / 2nd Kisley 5783 Toldot

Service Times

Mincha followed by Kabbalat Shabbat Shacharit followed by Kiddush

3.45 pm 9.30 am

Mincha will follow Kiddush

No Ma'ariv service

Shabbat Ends 4.51 pm

Next Friday: Mincha followed by Kabbalat Shabbat takes place at 3.39pm. Candle lighting at 3.39pm.

We are open for Shacharit services, On Sunday at 8.15am, Monday 7.05am & Thursday at 7.05am.

On **Tuesday**, 6th **December** we will be open for Shacharit at **7.15am** as it's the 1st Yahrzeit for Colin Emden, we would like as many members as possible to support this minyan.

We are open for Ma'ariv on Monday - Thursday at 7.30pm.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.

















Torah Reading

Leyning: Toldot

Sefer Bereishit: 25:19-28:9

Artscroll p 124, Cohen/Soncino p 140, Hertz p 93

Haftorah: Malachi 1:1 - 2:7

Artscroll p 1137, Cohen/Soncino p 159, Hertz p 102

Rabbi Steven Dansky

Martin Bloomberg

This week's Cranbrook News has been kindly sponsored by Myrtle Holman to celebrate her birthday.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am. **Shacharit:** Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 6.50am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

November

Monday 28th Cranbrook Monday Club

Men's Virtual Happy Hour

December

Thursday 1st Ladies Tea and Chat
Monday 5th Cranbrook Monday Club

Tuesday 6th Lunch and Learn with Rabbi Dansky

Wednesday 7th Rabbi Dansky Weekly Shiur

Monday 12th Cranbrook Monday Club

Men's Virtual Happy Hour

Wednesday 14th

Shabbat 17th

Sunday 18th

Rabbi Dansky Weekly Shiur

Mevarachim Hachodesh

Kids' Chanukah Disco

Kids' Chanukah Disco 1st Chanukah Candle

Monday 19th Cranbrook Monday Club

2 Chanukah Candles

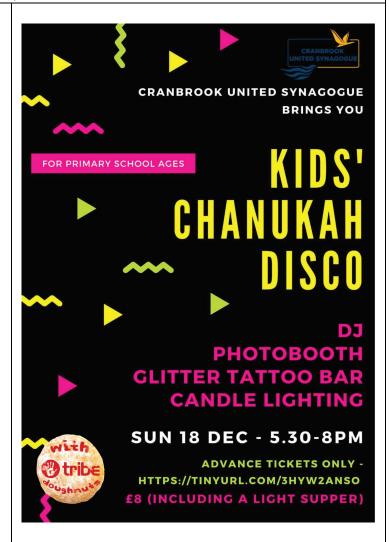
Tuesday 20th Music Extravaganza

3 Chanukah Candles

Wednesday 21st Rabbi Dansky Weekly Shiur

4 Chanukah Candles

Thursday 22nd 5 Chanukah Candles Friday 23rd 6 Chanukah Candles



We wish the following members, who have Yahrzeit in the coming week, a long life: -

Helen Aaronson, Melody Alicoon, Warren Berliner, Harvey Bourne, Adrienne Braham, Shirley Burke, Betty Bush, Hilary Clapper, Sylvia Cohen, Sophie Diamond, Alexander Fagelson, Philip Fagelson, Ian Fenton, Esther Frankel, Louis Freedman, Barbara Gallant, Eugene Gaufman, Patricia Gedalla, Dean Gilles, Helen Gilles, Muriel Godfrey, Jillian Gold, Norman Goldstein, Edna Graham, Bryan Hurwitz, Adele Judt, Susan Kalinsky, Marsha Kay, Sheila Keizner, Lillian Kirsch, Sheila Leaderman, Norma Levinson, Rose Levy, Sheila Levy, Estelle Luton, Louise Malina, Denise Mallach, Joy Mallach, Edmond Mandell, Shirley Marks, Perry Melnick, Marlene Mendel, Esther Michaels, Janet Mitchell, Sidney Moss, Rose Nathan, David Rein, Frances Robin, Leila Rome, Joan Rose, John Rose, Ruth Rosen, Irene Rosenberg, Rosalind Rozansky, Jane Sampson, Sidney Schlesinger, Evelyn Schneider, Sharon Segal, Keith Shenker, Martine Sholem, Kevin Simmons, Rita Stedman, Stanley Weston, Sandra Young, Michelle Zubary and Susan Zussman.



Simone Baker, Anthony Cohen, Angela Fox, Louis Freedman, Freda Goldstein, Robert Grossman, Michael Lancod, Maureen Lewis, Betsy Mandell, Linda Mishkin, Joy Peterson, Evelyn Rose, David Salamon, Eleanor Senchal, Sally Winstock and Marian Woolf on their respective birthdays.

Karen and Simon Stern on Michaela's engagement to Jack.

Blue Tzedakah Boxes

We would like to encourage more Members to take one of the Shul Tzedakah boxes. We ask that you return the boxes to the Office when full or contact us on 020 8629 2780 to arrange collection.

It is a Mitzvah to give Tzedakah and all money collected goes towards helping those Members who need it most.

Please contact Finance on 020-8629 2783 or email: finance@cranbrooksynagogue.org.uk for more details.



<u>Please note that pre booking is now necessary if you</u> wish to attend the Club.

Please call the following to pre book:

Office: 020 8629 2780 or Brian Angel: 07870 611624

Forthcoming stone-settings

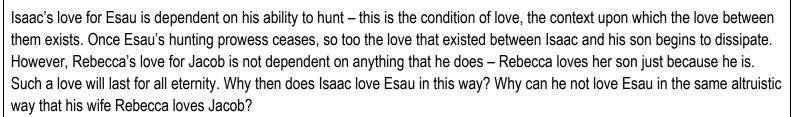
4 th December 2022	Frank Morris	Waltham Abbey	Noon
Brother of Lynne Seltzer		•	·
11th January 2023	Ruth Williams	Waltham Abbey	Noon
Mother of Barry Cooper			
15th January 2023	Leila Delew	Waltham Abbey	Noon
Mother of David Delew			
22 nd January 2023	Geoffrey Finegold	Waltham Abbey	Noon
Husband of Marilyn Fine	gold	•	·
29th January 2023	Betty Spencer	Waltham Abbey	Noon
Mother of Phil Spencer		•	

News and Views

Parashat Toldot begins with the ways in which Esau and Jacob grow up in their father's house. We are told that even though they were twins, their temperaments could not have been more different. While Jacob is closeted in his tents, Esau is a highly skilled hunter. Isaac loves Esau because he is a great hunter, while Rivka simply loves Jacob. There is no reason provided in the verse as to why Rivka loves Jacob so much.

The Rabbis were aware of the different ways in which Isaac and Rebecca relate to their children. In Ethics of our Fathers, we are told the following: "Love which is independent of anything will last forever, whereas love which is dependent on a thing, will not last forever." Love which is

dependent on a context, or a behaviour, will not last forever, but love which is independent of any context will last for all eternity.



Isaac truly wanted to love his son Esau on a more unconditional level. However, Esau's actions do not endear him to his father. His only redeeming feature was his ability to hunt for his father – the last vestige of Esau's moral standing lay in his extreme love for his father. Isaac desperately searches for a common entity which still binds the two of them together.

This love has a very tragic ending - when Eisav hears that Jacob has taken the birthright, and that his father has already blessed Jacob on the basis of the food that had already been prepared by him. Esau's response is to lift his voice up and cry. His value to his father is his ability to hunt and feed him. Take it away, and Esau feels completely bereft of love.

The sadness that is Esau's lot when he is not blessed is something that we experience on a day-to-day basis. We judge ourselves on the basis of our successes and failures. When we are only as good as our latest success, what are the ramifications to ourselves? What are the ramifications to others? The message from this parasha is something for us to think

about.

Being able to accept ourselves completely, being happy with who we are, warts and all, is therefore absolutely essential to our own happiness and the happiness around us. To have self-love is the basis of loving others. The Torah says "Love your neighbour as yourself" - only if you love yourself, if you accept yourself, can you love others. Such is the power of unconditional love.

I wish you all a good Shabbos

CRANBROOK

TED SYNAGOGUE

Rabbi Steven, Siobhan, Maya, and Talia Dansky.

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