



Shabbat, 26th November 2022 / 2nd Kislev 5783
Toldot

Service Times

Mincha followed by Kabbalat Shabbat	3.45 pm
Shacharit followed by Kiddush	9.30 am
Mincha will follow Kiddush	
No Ma'ariv service	
Shabbat Ends	4.51 pm
Next Friday: Mincha followed by Kabbalat Shabbat takes place at 3.39pm . Candle lighting at 3.39pm.	

We are open for **Shacharit** services, On **Sunday** at **8.15am**, **Monday** **7.05am** & **Thursday** at **7.05am**.

On **Tuesday, 6th December** we will be open for Shacharit at **7.15am** as it's the 1st Yahrzeit for Colin Emden, we would like as many members as possible to support this minyan.

We are open for **Ma'ariv** on **Monday - Thursday** at **7.30pm**.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.



Torah Reading

Leyning: Toldot
 Sefer Bereishit: 25:19-28:9
 Artscroll p 124, Cohen/Soncino p 140, Hertz p 93
 Haftarah: Malachi 1:1 - 2:7
 Artscroll p 1137, Cohen/Soncino p 159, Hertz p 102

Rabbi Steven Dansky

Martin Bloomberg

This week's Cranbrook News has been kindly sponsored by Myrtle Holman to celebrate her birthday.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 6.50am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

November

Monday 28th *Cranbrook Monday Club
Men's Virtual Happy Hour*

December

Thursday 1st *Ladies Tea and Chat*
Monday 5th *Cranbrook Monday Club*
Tuesday 6th *Lunch and Learn with Rabbi Dansky*
Wednesday 7th *Rabbi Dansky Weekly Shiur*
Monday 12th *Cranbrook Monday Club
Men's Virtual Happy Hour*
Wednesday 14th *Rabbi Dansky Weekly Shiur*
Shabbat 17th *Mevarachim Hachodesh*
Sunday 18th *Kids' Chanukah Disco
1st Chanukah Candle*
Monday 19th *Cranbrook Monday Club
2 Chanukah Candles*
Tuesday 20th *Music Extravaganza
3 Chanukah Candles*
Wednesday 21st *Rabbi Dansky Weekly Shiur
4 Chanukah Candles*
Thursday 22nd *5 Chanukah Candles*
Friday 23rd *6 Chanukah Candles*

CRANBROOK UNITED SYNAGOGUE
BRINGS YOU

FOR PRIMARY SCHOOL AGES

KIDS' CHANUKAH DISCO

**DJ PHOTOBOOTH
GLITTER TATTOO BAR
CANDLE LIGHTING**

SUN 18 DEC - 5.30-8PM

ADVANCE TICKETS ONLY -
[HTTPS://TINYURL.COM/3HYW2ANSO](https://tinyurl.com/3hyw2anso)
£8 (INCLUDING A LIGHT SUPPER)

with tribe doughnuts

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Helen Aaronson, Melody Alicoon, Warren Berliner, Harvey Bourne, Adrienne Braham, Shirley Burke, Betty Bush, Hilary Clapper, Sylvia Cohen, Sophie Diamond, Alexander Fagelson, Philip Fagelson, Ian Fenton, Esther Frankel, Louis Freedman, Barbara Gallant, Eugene Gaufman, Patricia Gedalla, Dean Gilles, Helen Gilles, Muriel Godfrey, Jillian Gold, Norman Goldstein, Edna Graham, Bryan Hurwitz, Adele Judt, Susan Kalinsky, Marsha Kay, Sheila Keizner, Lillian Kirsch, Sheila Leaderman, Norma Levinson, Rose Levy, Sheila Levy, Estelle Luton, Louise Malina, Denise Mallach, Joy Mallach, Edmond Mandell, Shirley Marks, Perry Melnick, Marlene Mendel, Esther Michaels, Janet Mitchell, Sidney Moss, Rose Nathan, David Rein, Frances Robin, Leila Rome, Joan Rose, John Rose, Ruth Rosen, Irene Rosenberg, Rosalind Rozansky, Jane Sampson, Sidney Schlesinger, Evelyn Schneider, Sharon Segal, Keith Shenker, Martine Sholem, Kevin Simmons, Rita Stedman, Stanley Weston, Sandra Young, Michelle Zubary and Susan Zussman.

Mazel Tov מזל טוב

Simone Baker, Anthony Cohen, Angela Fox, Louis Freedman, Freda Goldstein, Robert Grossman, Michael Lancod, Maureen Lewis, Betsy Mandell, Linda Mishkin, Joy Peterson, Evelyn Rose, David Salamon, Eleanor Sencial, Sally Winstock and Marian Woolf on their respective birthdays.

Karen and Simon Stern on Michaela's engagement to Jack.

Blue Tzedakah Boxes

We would like to encourage more Members to take one of the Shul Tzedakah boxes. We ask that you return the boxes to the Office when full or contact us on 020 8629 2780 to arrange collection.

It is a Mitzvah to give Tzedakah and all money collected goes towards helping those Members who need it most.

Please contact Finance on 020-8629 2783 or email: finance@cranbrooksynagogue.org.uk for more details.



Join us every Monday 12pm-3pm for...

- Kalooki
- A light lunch
- Board games
- A chat
- Quizzes
- ...and much more!

£5 per person

Cranbrook Monday Club

Pre booking required by the preceding Thursday
Call Estelle on 020 8629 2780 or Brian Angel on 07870 611 624

Please note that pre booking is now necessary if you wish to attend the Club.

Please call the following to pre book:
Office: 020 8629 2780 or Brian Angel: 07870 611624

Forthcoming stone-settings

4th December 2022	Frank Morris	Waltham Abbey	Noon
Brother of Lynne Seltzer			
11th January 2023	Ruth Williams	Waltham Abbey	Noon
Mother of Barry Cooper			
15th January 2023	Leila Delew	Waltham Abbey	Noon
Mother of David Delew			
22nd January 2023	Geoffrey Finegold	Waltham Abbey	Noon
Husband of Marilyn Finegold			
29th January 2023	Betty Spencer	Waltham Abbey	Noon
Mother of Phil Spencer			

News and Views

Parashat Toldot begins with the ways in which Esau and Jacob grow up in their father's house. We are told that even though they were twins, their temperaments could not have been more different. While Jacob is closeted in his tents, Esau is a highly skilled hunter. Isaac loves Esau because he is a great hunter, while Rivka simply loves Jacob. There is no reason provided in the verse as to why Rivka loves Jacob so much.



The Rabbis were aware of the different ways in which Isaac and Rebecca relate to their children. In Ethics of our Fathers, we are told the following: "Love which is independent of anything will last forever, whereas love which is dependent on a thing, will not last forever." Love which is dependent on a context, or a behaviour, will not last forever, but love which is independent of any context will last for all eternity.

Isaac's love for Esau is dependent on his ability to hunt – this is the condition of love, the context upon which the love between them exists. Once Esau's hunting prowess ceases, so too the love that existed between Isaac and his son begins to dissipate. However, Rebecca's love for Jacob is not dependent on anything that he does – Rebecca loves her son just because he is. Such a love will last for all eternity. Why then does Isaac love Esau in this way? Why can he not love Esau in the same altruistic way that his wife Rebecca loves Jacob?

Isaac truly wanted to love his son Esau on a more unconditional level. However, Esau's actions do not endear him to his father. His only redeeming feature was his ability to hunt for his father – the last vestige of Esau's moral standing lay in his extreme love for his father. Isaac desperately searches for a common entity which still binds the two of them together.

This love has a very tragic ending - when Esau hears that Jacob has taken the birthright, and that his father has already blessed Jacob on the basis of the food that had already been prepared by him. Esau's response is to lift his voice up and cry. His value to his father is his ability to hunt and feed him. Take it away, and Esau feels completely bereft of love.

The sadness that is Esau's lot when he is not blessed is something that we experience on a day-to-day basis. We judge ourselves on the basis of our successes and failures. When we are only as good as our latest success, what are the ramifications to ourselves? What are the ramifications to others? The message from this parasha is something for us to think about.



Being able to accept ourselves completely, being happy with who we are, warts and all, is therefore absolutely essential to our own happiness and the happiness around us. To have self-love is the basis of loving others. The Torah says "Love your neighbour as yourself" - only if you love yourself, if you accept yourself, can you love others. Such is the power of unconditional love.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya, and Talia Dansky.

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