



Shabbat, 5th November 2022 / 11th Cheshvan 5783
Lech Lecha

Service Times

Mincha followed by Kabbalat Shabbat	4.14 pm
Shacharit followed by Kiddush	9.30 am
No Mincha or Ma'ariv service	
Shabbat ends	5.16 pm
Next Friday: Mincha followed by Kabbalat Shabbat takes place at 4.02pm . Candle lighting at 4.02pm.	

Elaine & Bernard Chaplin invite the community to join them for kiddush in the Mark Lewis Hall after the service to celebrate their Golden Wedding.

We are open for **Shacharit** services. On **Sunday 6th** at **8.15am**, **Monday 7th** at **7.05am** and **Thursday 10th** at **7.05am**.

We are open for **Ma'ariv** on **Monday to Thursday** at **7.30pm**.

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.

Following the sad news of the passing of HM Queen Elizabeth II we are inviting you to purchase a tree in the United Synagogue's first communal grove in loving memory of HM The Queen.



Your action will leave a positive environmental legacy for generations to come. Trees planted as part of this initiative will be part of The Queen's Green Canopy.

For more information about the campaign please [click here](#) and for any questions email trees@theus.org.uk.

Torah Reading

Leyning: Lech Lecha
 Sefer Bereishit: 12:1-17:27
 Artscroll p 54, Cohen/Soncino p 60, Hertz p 45
 Haftorah: Isaiah: 40:27-41:16
 Artscroll p 1133, Cohen/Soncino p 82, Hertz p 60

Rabbi Steven Dansky

Philip Powell

This week's Cranbrook News is kindly sponsored by Lesley and Stanley Levy to celebrate Stanley's 75th birthday on 3rd November.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays at 8.15am.

Shacharit: Monday and Thursday at 7.05am.

Rosh Chodesh Shacharit: Monday to Friday at 6.50am; Sunday at 8.15am.

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

November

Tuesday 8 th	<i>Lunch and Learn</i> <i>Coffee and Chat with Rev Newman</i>
Wednesday 9 th	<i>Rabbi Dansky Weekly Shiur</i>
Monday 14 th	<i>Men's Virtual Happy Hour</i>
Wednesday 16 th	<i>Rabbi Dansky Weekly Shiur</i>
Shabbat 19 th	<i>AJEX Shabbat</i> <i>Mevarachim Hachodesh</i> <i>AJEX Parade</i>
Sunday 20 th	<i>Cranbrook Monday Club</i>
Monday 21 st	<i>Lunch and Learn</i> <i>Coffee and Chat with Rev Newman</i> <i>Music Extravaganza</i>
Tuesday 22 nd	<i>Rabbi Dansky Weekly Shiur</i>
Wednesday 23 rd	<i>Rosh Chodesh Kislev</i>
Thursday 24 th	<i>Rosh Chodesh Kislev</i>
Friday 25 th	<i>Cranbrook Monday Club</i>
Monday 28 th	<i>Men's Virtual Happy Hour</i>

December

Monday 5 th	<i>Cranbrook Monday Club</i> <i>Men's Virtual Happy Hour</i>
Tuesday 6 th	<i>Lunch and Learn</i>

CRANBROOK UNITED SYNAGOGUE
BRINGS YOU

FOR PRIMARY SCHOOL AGES

KIDS' CHANUKAH DISCO

DJ
PHOTOBOOTH
GLITTER TATTOO BAR
CANDLE LIGHTING

SUN 18 DEC - 5.30-8PM

ADVANCE TICKETS ONLY -
[HTTPS://TINYURL.COM/3HYW2ANSO](https://tinyurl.com/3hyw2anso)
£8 (INCLUDING A LIGHT SUPPER)

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Cissie Ackerman, Millie Allen, Sandra Barnett, Melanie Bernstein, Alan Bernstein, Sonia Black, Sheila Brand, Renee Bravo, Bernard Chaplin, Ivor Clements, Hetty Conway, Marian Conway, Susan Faber, Muriel Godfrey, Julian Gold, Ruth Gold, Lionel Goldberg, Elka Golding, Barbara Goldman, Joseph Gordon, Eunice Green, Saul Green, Shelley Hart, Rowland John, Sharon Kantor, Leslie Kingsley, Rita Lebetkin, Diane Lee, Alma Levene, Lesley Levy, Michael Levy, Lilian Levy, Anthony Lewis, Alan Lipman, Michelle Lipman, Anthony Mitchell, Angela Morris, Sandra Pearman, Jeffrey Pinkus, Irene Placks, Joyce Rabin, Sarah Roat, Frances Robin, Lee Russell, Patricia Russell, Jean Sanett, Tracey Sanett, Anita Sears, Leah Shamplin, Simon Shaw, Laura Shone, Julian Silver, Lorraine Silver, Estelle Silver, Angela Simmons, Miriam Stein, Doreen Wajchendler, Susan Wells, Melvyn Windsor and Gina Winton.

Mazel Tov

מזל טוב

Paul & Roberta Tobe and Joshua & Laura Prince on their respective wedding anniversaries.

Jessie Cherkoff, Sylvia Jay, Alfred Lawrence and Rosaline Metzger on their respective birthdays.

Maureen and Ivor Greer on their Grandson's Barmitzva this coming Shabbat.

Yaffa and Malcolm Nathan on their granddaughter, Evie's Bat Mitzva next Shabbat.

Leyning and Haftorah

Gentlemen would you please let Harold know your Barmitzva Sedra and if you just leined or recited Maftir and Haftorah.

Please don't be shy we would love to have more of our members take part in the service on a Shabbat morning.



BOOK NOW
AJEX ANNUAL REMEMBRANCE CEREMONY AND PARADE
SUNDAY 20TH NOVEMBER 2022
 Gather at Horse Guards Parade 1pm. March off at 1.45pm.

The AJEX Annual Remembrance Ceremony & Parade will take place at The Cenotaph on Sunday 20th November 2022.

Our theme for Remembrance this year is 'Connection' and we invite people of all ages, right across the community to participate and help in connecting the generations. This is a moving opportunity to honour and remember the thousands of Jewish Servicemen and Women who fought and served for our freedom.

We will, at this especially poignant time, honour and remember the late HM Queen Elizabeth II and all she did as Commander-in-Chief of the Armed Forces.

Book your ticket to participate now at www.ajex.org.uk/paradebooking

WE WILL REMEMBER.





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 youtube.com/AJEX_JMA facebook.com/ajexheadoffice
 twitter.com/AJEX_UK instagram.com/ajex_jma
AJEX - The Jewish Military Association Registered Charity No 1129591

To book <https://www.ajex.org.uk/paradebooking>

Forthcoming stone-settings

6th November 2022	Harry Karker	Waltham Abbey	10.30am
Father of Michelle Royston			
6th November 2022	Wendy Mallach	Waltham Abbey	11.00am
Mother of Joy, Denise & Michael Mallach			
13th November 2022	Keith (Akiva) Luton	Waltham Abbey	11.00am
Husband of Estelle Luton			
20th November 2022	Noreen Salador	Waltham Abbey	10.30am
Wife of Dennis Salador			
4th December 2022	Frank Morris	Waltham Abbey	Noon
Brother of Lynne Seltzer			
11th December 2022	Betty Spencer	Waltham Abbey	Noon
Mother of Phil Spencer			

News and Views

This week's parasha deals with the first of all Jews - Abraham. Abraham is referred to as an Ivri - someone who lived on the other side. Now this means not only that he lived on the other side, but that the way that he thought was so diametrically opposed to the rest of the world. He stood firm. The Midrash compares Abraham to a peddler, who while walking from town to town, finds an amazing granary filled with wheat. He sees the light switched on, but he can't for the life of him find the owner of the granary. Suddenly, the owner of the granary appears and says: "I am the owner of the granary".



Abraham is the peddler. He walks through the world - looking for answers. He is not satisfied with finding other people's answers. He wants to find his own answers. And he sees a world, a world so full of beauty and splendour that he can barely stand it. Such trees, such rivers and lakes, such a table mountain, such a vast ocean, and says, you know what, this place which has such treasures inside it, such organisation, such beauty **MUST** be owned by someone. He searches for truth. He strives for it, and he knows that he cannot find the truth from his birthplace, or from his friends. He is on own. He is independent, and he is driven to find the truth. G-d sees his determination, and eventually out comes the command – Go out for yourself - be yourself - find out your own answers, and your first answer is that I am the one who made all of this beauty in the world.

These are characteristics that stand with us as modern Jews to this very day. We are separate from the other nations. We always strive for truth in every single endeavour, whether in the arts, the sciences or in politics. We stand up for what we believe in, and we will not be budged.

Avraham's first command is Lech Lecha - go out for yourself. He is told to leave everything that he knows - his friends, his family, his business, even his father's house to go... who knows where - the land that G-d will show him in some future time. He is leaving everything that is good in his life - everything that makes him comfortable - his support for the Mesopotamian Bokke, his Aram Naharyim beer. Yet Avraham is told Lech Lecha - go out for yourself, because it will be for your benefit. Avraham had everything that he could want. He was a man of 75 years old at the time. It was time to retire, it was not time to get up and start a whole new journey! How is leaving all of this to his benefit?

We are being taught here an important lesson. True growth doesn't happen when we follow what everyone else does. It doesn't happen when we are comfortable sitting on our couches or watching the TV with a beer. It happens when we move outside our comfort zones. When we move outside what we are used to is when we realise what we are capable of.

When I was a kid, I never once spoke in public - I wasn't on the debate team, I didn't represent the school when it came to public speaking. Yet, here I am standing before you today.

Growth comes from putting yourself in a new situation, because it is then that you find out what you are truly made of.

I wish you all a good Shabbos

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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