



**Shabbat, June 10<sup>th</sup>, 2023 / Sivan 21<sup>st</sup>, 5783  
Beha'alotecha / Pirkei-Avot Chapter 2**

**Service Times**

Mincha followed by Kabbalat Shabbat	<b>7.15pm</b>
Shacharit followed by Kiddush	9.30am
<b>No Mincha or Ma'ariv service</b>	
Shabbat Ends	10.22pm
Next Friday: Mincha followed by Kabbalat Shabbat takes place at <b>7.15pm</b> .	
Candle lighting at <b>7.40pm (9.06pm)</b> .	

**Weekday Services**

- Shacharit – at Ilford Federation Synagogue**  
**Sunday at 8.30am, Monday at 7.20am and Tuesday at 7.30am.**
- Shacharit – at Cranbrook United Synagogue**  
**Wednesday at 7.30am, Thursday at 7.20am and Friday at 7.30am.**
- Mincha followed by Ma'ariv – at Ilford Federation Synagogue**  
**Sunday, Monday and Tuesday at 7.30pm.**
- Mincha followed by Ma'ariv – at Cranbrook United Synagogue**  
**Wednesday and Thursday at 7.30pm.**

*If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News. In the forthcoming weeks, there are many dates that are available. The cost of sponsoring Cranbrook News is £15. Please call the shul office for more information.*

**Torah Reading**

Leyning: Beha'alotecha	<b>Rabbi Steven Dansky</b>
Sefer Bamidbar: 8:1-12:16	
Artscroll p 774, Hertz p 605, Cohen/Soncino p 838	
Haftorah: Zechariah 2:14-4:7	<b>Joe Rose</b>
Artscroll p 1182, Hertz p 620, Cohen/Soncino p 857	

***This week's Cranbrook News is kindly sponsored by Michael Griver in loving memory of his mother Ada bas Mordechai z"l.***

**Children's Service:** 10.30am

**Regular Weekday Services:** Sunday, Monday, and Tuesday at **Ilford Federation Synagogue;** Wednesday, Thursday, and Friday at **Cranbrook United Synagogue.**

**Shacharit:** Sunday & Public Holidays at **8.30am.**

**Shacharit:** Monday & Thursday at **7.20am.** Tuesday, Wednesday, and Friday at **7.30am.**

**Rosh Chodesh Shacharit:** Sunday at **8.30am;** Monday to Friday at **7.10am.**

**Mincha followed by Ma'ariv:** Sunday, Monday, Tuesday, Wednesday & Thursday at **7.30pm.**

### Dates for the Diary

June	
Monday 12 <sup>th</sup>	<i>Men's Virtual Happy Hour @ 4pm</i>
Wednesday 14 <sup>th</sup>	<i>Rabbi Shiur @ 10am</i>
Shabbat 17 <sup>th</sup>	<i>Mevarachim HaChodesh</i>
Monday 19 <sup>th</sup>	<i>Rosh Chodesh Tammuz</i>
Tuesday 20 <sup>th</sup>	<i>Rosh Chodesh Tammuz</i>
	@ 12.30pm <i>Lunch N' Learn with Rabbi Dansky</i>
	@ 3.30pm <i>Coffee and Chat with Rev Newman</i>
Wednesday 21 <sup>st</sup>	<i>Rabbi Shiur @ 10am</i>
Tuesday 27 <sup>th</sup>	<i>Online Music Extravaganza @ 8pm</i>
Wednesday 28 <sup>th</sup>	<i>Rabbi Shiur @ 10am</i>
July	
Tuesday 4 <sup>th</sup>	@ 12.30pm <i>Lunch N' Learn with Rabbi Dansky</i>
Wednesday 5 <sup>th</sup>	<i>Rabbi Shiur @ 10am</i>
Thursday 6 <sup>th</sup>	<i>Fast of Tammuz 1.06am – 10.17pm</i>
Shabbat 15 <sup>th</sup>	<i>Mevarachim HaChodesh</i>
Wednesday 19 <sup>th</sup>	<i>Rabbi Shiur @ 10am</i>
	<i>Rosh Chodesh Av</i>
Shabbat 20 <sup>th</sup>	<i>Shabbat Chazon</i>
Wednesday 26 <sup>th</sup>	<i>Rabbi Shiur @ 10am</i>

Join us at Cranbrook Synagogue for  
**LUNCH 'N LEARN**  
WITH RABBI DANSKY

£8 for lunch per session **12:30PM START**

25 APRIL 2023 | 9 MAY 2023 LAG B'EOMER | 23 MAY 2023

6 JUNE 2023 | 20 JUNE 2023 | 4 JULY 2023

PLEASE RSVP BY THURSDAY BEFORE THE SESSION VIA EMAIL AT  
ADMIN@CRANBROOKSYNAGOGUE.ORG.UK  
OR CALLING 020 8629 2780  
VEGETARIAN OPTIONS ARE AVAILABLE UPON REQUEST

CRANBROOK UNITED SYNAGOGUE

Please call or e-mail the Office to book for **Tuesday, 20th June by noon on Thursday, 15th June.**

**Call 020 8629 2780 or e-mail  
[admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk)**

**We wish the following members, who have Yahrzeit in the coming week, a long life: -**

Karla Austin, Vivienne Berlin, Yvonne Block, Mavis Bonham, Helen Brownstone, Anthony Cirsch, Marian Conway, David Flaum, Alan Graham, Dawn Graham, Marina Graham, Sheila Graham, Elizabeth Greene, Michael Griver, Sylvia Jay, Sharon Joseph, Irene Kaye, Sheila Keizner, Anthony Lane, Norma Leigh, Pauline Lester, Adele Lewis, Harold Marco, Gary Mazin, Marion Mazin, Gilda Melnick, Linda Mishkin, Diana Neslen, Michael Nieman, Stuart Pessok, Mandie Preston, Francklyn Rabin, Gerald Reisman, Harold Rosenberg, Laurence Rosenberg, Rosalind Rozansky, Sidney Schlesinger, Rosalie Shaffron, Lisa Shaw, Doris Sheril, Cynthia Simmons, Harvey Student, Martin Taylor, Helen Tranis, Doreen Wajchandler, Melvyn Windsor, Raisa Yufit and Yakov Yufit.

# Mazel Tov מזל טוב

Howard & Laura Mendoza (45<sup>th</sup>) on their wedding anniversary.

Rita Button, Jean Davidson, Madeline Haimov,  
Gerald Harris, Lillian Kirsch, Anthony Lewis, Esther Michaels,  
Maureen Nieberg, Michael Seigar, Rita Shenker,  
Donald Steinberg, Barbara Wallen and Ellard Swillman on their  
respective birthdays.

Liz Levison on the birth of a great grandson.

### Clarification regarding the Shabbat times during the summer months

Ordinarily Shabbat begins 18 minutes before sunset. However, as we enter the long days of summer in our community, we will be bringing Shabbat in at the earlier time of **7.40 pm**.

This will allow our members to have their Friday night meal at a more convenient hour. For the benefit of our members who are unable to light candles with the rest of the community at **7.40 pm**, we have put the latest time for candle lighting in brackets.

**Kabbalat Shabbat will take place at 7.15pm throughout the summer.**

### Rosh Hashanah 5784 - Shalom Magazine No. 9



Many thanks to everyone who submitted articles for the Pesach Edition of the Shalom Magazine. Once again, we have had some excellent feedback from our readers. I am now working on the Rosh Hashanah 5784 Edition of the Shul Magazine. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at [stanton.philippa@gmail.com](mailto:stanton.philippa@gmail.com).

All articles, pictures and stories must be received by **17<sup>th</sup> July 2023**. I have already started collecting new articles, so please email me as soon as you can!

I look forward to hearing from you.

Philippa Stanton - Editor

### Forthcoming stone-settings

<b>11<sup>th</sup> June 2023</b>	<b>Peter Rudd</b>	Waltham Abbey	3.30pm
Father of Stuart & Howard Rudd			
<b>18<sup>th</sup> June 2023</b>	<b>Anne Green</b>	Waltham Abbey	11.30am
Mother of Frances Bronzite			
<b>25<sup>th</sup> June 2023</b>	<b>Philip Pinkerton</b>	Waltham Abbey	Noon
Husband of Simone Pinkerton			
<b>25<sup>th</sup> June 2023</b>	<b>Philip Helman</b>	Bushey New	1.30pm
Husband of Helena Helman, Father of Richard & Annabel Helman			
<b>2<sup>nd</sup> July 2023</b>	<b>Kenneth Turner</b>	Waltham Abbey	11am
Father of Deborah Shulton			
<b>2<sup>nd</sup> July 2023</b>	<b>Joyce White</b>	Waltham Abbey	11.30am
Mother of Tina Harman			

## Sedra Synopsis



### בהעלתך Beha'alotecha

The Parshah begins with the instruction for Aaron to light the Menorah in the Mishkan. The Menorah had seven branches made from one lump of solid gold according to the fiery image that G-d had shown Moses. Next, we read about how Moses initiates the Levites to do their service in the Mishkan. Every man from the tribe of Levi between the ages of 20 and fifty served in the Mishkan by helping the Kohanim (priests) do their work.

Some background information on the next incident: What we're reading about here

is the Jew's first year in the desert after they came out of Egypt. So, as they neared the end of the year, they had to prepare for their first Passover. The most important part of celebrating Passover was bringing an offering in the Mishkan—the Paschal sacrifice (called the *Korban Pesach*). So, in this Parshah, G-d commands the Jews to prepare and bring the sacrifice. But some of the people are impure (*tameh*) because they have come in contact with a dead body and so they can't bring the sacrifice.

Now, instead of just thinking, "Oh, too bad, we'll have to wait till next year," these people are really upset. So, they go to Moses and say, "Why should we miss out on doing the mitzvah? We also want to bring the Paschal sacrifice!" Moses passes over their question to G-d, asking what they should do. And lo and behold, G-d tells them that they will get a second chance. Exactly a month after Passover will be Pesach Sheini—the Second Passover, when everybody who wasn't able to bring the Paschal Sacrifice in the right time has another opportunity to bring it. This is a very important story because it teaches us that it's never too late to do a good deed and that we always get a second chance.

Now we read a bit about how the Jews rested and camped in the desert. There was a "Cloud of Glory" over the Mishkan that represented G-d's presence. Whenever the cloud was over the Mishkan, the Jews camped in that place. When the cloud lifted, they began traveling, until it came down again upon the Mishkan, when they stopped. G-d also told Moses to make two silver trumpets. Different sounds were blown for different occasions: when Moses wanted to talk to the leaders of the tribe, when it was time to begin traveling, when Moses wanted to gather the whole nation, when the Jews were going to war, and when bringing the sacrifices on special holidays.

Every night, manna came down in the camp, and every morning, the people gathered and ate it. But now, after a year, the people complain that they are sick of eating the manna and want meat. G-d promises to send them meat and the next day large swarms of quail come over the camp, and the Jews have more than enough meat to eat.

G-d tells Moses to appoint seventy people to help him in his job; he does so, and these seventy people get some of Moses' spirit.

Miriam says something bad about Moses and she gets stricken with *tzara'at* (remember learning about it in Parshat Tazria?). She has to be outside the camp for seven days, and the Jews don't travel for those seven days, waiting until she is healed.

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