



**Shabbat, 8th January 2022 / 6th Shevat, 5782
Bo**

Service Times

Mincha followed by Kabbalat Shabbat	3.50 pm
Shacharit	9.30 am
Shabbat Ends	5.04 pm

Due to the current Covid situation there will not be a Kiddush or a Mincha service

Next Friday: Mincha followed by Kabbalat Shabbat takes place at 4pm.

Although at the moment we are NOT having Mincha on Shabbat, however, we are being asked as to what time we can Daven Mincha. Below we are listing the earliest times for the next 2 months.

January 8th Earliest Mincha 12:28 / 15th - 12:32 / 22nd - 12:35 / 29th - 12:37
 February 5th Earliest Mincha 12:39 / 12th - 12:40 / 19th - 12:41 / 26th - 12:41

At the end of February, we will give you the times for March & April

Booking is now open for [Kabbalat Shabbat](#) on Friday, 14th January at 4pm, and for [Shabbat](#) Beshalach on 15th January at 9.30am.

Bookings will close at 6pm on Wednesday, 12th January.

We are open for [Shacharit](#) services, **On Sunday at 8.15am, Monday at 7.05am, Tuesday at 7.15am, Wednesday at 7.15am, Thursday at 7.05am and Friday at 7.15am.**

Ma'ariv on Monday - Thursday at 7.30pm.

For [Kabbalat Shabbat](#), [Shabbat](#), [Shacharit](#) and [Ma'ariv](#) services; members with internet access should be booking in online via the United Synagogue Website using the following link: <https://myus.theus.org.uk/events>. select Cranbrook United Synagogue and tick Prayer Services. If you are not **able** to book online, then please contact the Shul office on 020 8629 2780 to book in for the services you wish to attend.

Torah Reading

Leyning: Bo

Sefer Shemot: 10:1-13:16

Rabbi Steven Dansky

Artscroll p 340, Soncino/Cohen p 377, Hertz p 248

Haftorah: Jeremiah 46:13-28

Michael Mallach

Artscroll p 1151, Soncino/Cohen p 404, Hertz p 263

If you would like to mark a birthday or Simcha, or want to commemorate a Yahrzeit, this can be done by sponsoring Cranbrook News. In the forthcoming weeks, there are many dates that are available.

The cost of sponsoring Cranbrook News is £15. Please call the shul office for more information.

Children's Service: 10.30am

Regular Weekday Services in the Main Synagogue

Shacharit: Sunday & Public Holidays – 8.15am

Shacharit: Monday and Thursday at 7.05am

Tuesday, Wednesday, and Friday at 7.15am

Rosh Chodesh Shacharit: Monday to Friday at 7am; Sunday at 8am

Ma'ariv: Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary

January

Monday 10th *Men's Virtual Happy Hour*

Tuesday 11th *Coffee & Chat with Rev Newman*

Wednesday 12th *Rabbi Shiur @ 10am*

Shabbat 15th *Shabbat Shirah*

Monday 17th *Tu B'Shevat*

Men's Virtual Happy Hour

Tuesday 18th *Coffee & Chat with Rev Newman*

Music Extravaganza @ 8pm

Wednesday 19th *Rabbi Shiur @ 10am*

Thursday 20th *Ladies Tea & Chat @ 3.30pm*

Monday 24th *Men's Virtual Happy Hour*

Tuesday 25th *Coffee & Chat with Rev Newman*

Wednesday 26th *Rabbi Shiur @ 10am*

Thursday 27th *Holocaust Memorial Day*

Shabbat 29th *Mevarachim HaChodesh*

Monday 31st *Men's Virtual Happy Hour*

February

Tuesday 1st *Rosh Chodesh Adar 1*

Coffee & Chat with Rev Newman

Music Extravaganza @ 8pm

Wednesday 2nd *Rosh Chodesh Adar 1*

Rabbi Shiur @ 10am

COVID-19 OMICRON - PLAN B UPDATE

MASKS MUST BE WORN IN SHUL
PLEASE WASH YOUR HANDS FREQUENTLY

PLEASE LEAVE 1 SEAT BETWEEN EACH PERSON

- **Keep building well ventilated**
- **Avoid hand shaking or contact greeting**
- **Cloakrooms remain closed, keep belongings with you**

The United Synagogue requires all attendees at services to take a lateral flow test prior to attending any service. (Just before the start of Shabbat in that case), and only attend if their test is negative.

Service leaders and speakers who do not wear a face mask must do a lateral flow test and maintain additional distancing from congregants.

Notify Office if you tested positive after attending a Service.

For Security, please vacate forecourt as soon as possible.

STAY SAFE from the SECURITY DEPARTMENT

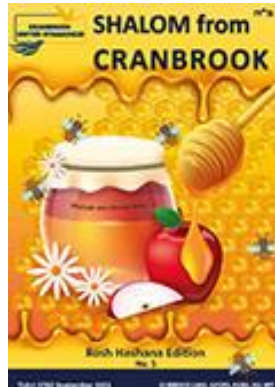
We wish Long Life to everyone who is observing a Yahrzeit this week:

Vera Aarons, Irene Barry, Frank Baum, Cynthia Benson, Lillian Black, Marsha Bloom, Claire Borchardt, Rayna Bowman, Derek Brent, Sheila Burack, Phillip Cohen, Lynne Cohen, Monica Cohen, Hetty Conway, Susan Crammer, Mavis Danziger, Frances Darwin, Mildred Davies, Shirley Davis-Merrian, Kitty Dessau, Joan Dobin, Alan Donn, Derek Ettinger, Debra Feldman, Julian Gandz, Priscilla Gold, Elena Goldstein, Raynor Gordon, Renee Graham, Edna Graham, Eunice Green, Jane Greenberg, Adele Griver, Michael Griver, Rita Grossman, Victoria Joffe, Alan Kaye, Shirley Kingsley, Gloria Kovler, Shirley Kravitz, Susan Lasky, Shirley Leach, Andrea Lester, Michael Levene, Emanuel Levene, Alma Levene, Norma Levinson, Howard Lewis, Lillian Lewis, Julian Lewis, Hetty Liborwich, Anita Macatonia, Solomon Macatonia, Jennifer Marks, Sandra Melnick, Jan Meyer, David Michaels, Anita Miller, Linda Myers, June Noah, Stephanie Powell, Mandie Preston, Lawrence Regan, Melissa Richardson, Leila Rome, Anne Schlesinger, Jeffrey Scott, Harvey Sheere, Edna Shutz, Helen Silver, Carol Silverman, Stanley Simmons, Bert Smiler, Geoffrey Stean, June Stevens, Barbara Stone, Irene Sumray, Betty Turner, Eileen Vilka, Millicent Vincent, Helena Weston, Ruth Wolfe and Ronald Young.

Pesach 5782 - Shalom Magazine

Many thanks to everyone who submitted articles for the Rosh Hashanah Edition of the Shalom Magazine. We have had some excellent feedback from our readers.

I am now working on the Pesach 5782 Edition of the Shul Magazine. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to me at stanton.philippa@gmail.com.



All articles, pictures and stories must be received by 18 February 2022. I have already started collecting new articles, so please e-mail me as soon as you can!

I look forward to hearing from you.

Philippa Stanton - Editor

Mazel Tov
מזל טוב

Betty Bush, Kathleen Franks, Jean Lowi, Stephen Messias and Stuart Rudd on their respective birthdays.

We wish Daniella Myers, Curtis Lesser and their families Mazeltov on the occasion of their wedding this Sunday.



Forthcoming stone-settings

23rd January	Montague Garson	Waltham Abbey	11.30am
Uncle of Ruth Abrahams			
27th January	Diana Molava	Waltham Abbey	Noon
Mother of Pauline & Karen Molava			

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The Haftarah of Bo - Egypt's Destruction and the Will of G-d

This week's Haftarah which comes from the book of Jeremiah deals with a prophecy to Pharaoh Necho concerning the destruction of the Egyptian forces at hand of Nebuchadnezzar, the king of Babylon. This Haftarah has a clear connection to this week's Torah portion, as our portion deals with the destruction of the interior of Egypt at the hands of G-d, first with the plague of locusts which consumed all the produce of Egypt which had been left on the stalk after the devastation of the hail (which occurred in the last week's portion of Parashat Vaira) and ending finally with the death of the first-born Egyptians.



Jeremiah is told to go and proclaim the coming of the armies of the North to the Egyptians. The reason for this, Don Yitschak Abarbanel (1437-1508) explains, is because it is the way of kings to proclaim their intentions to make war with the enemy, so the enemy can prepare themselves. In this way, the invaded territory cannot claim that they have been attacked by stealth, ensuring that this is essentially a fair fight.

This furthers the connection between the two texts. Just as Jeremiah warns the Egyptians of the upcoming attack of Nebuchadnezzar, Moses warns Pharaoh about the upcoming plague of locusts (Ex. 10:1). He also warned Pharaoh about the death of the first born as retribution for refusing to let the Jewish people (G-d's first born) go (Ex 4:23)

The main difference between our Torah and the Haftarah is that the destruction about which Jeremiah speaks is in the hands of Egypt's physical enemy Babylon, whereas the destruction of this week's Torah portion comes from G-d himself. Perhaps the message which can be taken from the linkage of the Torah portion to this Haftarah is that the outcomes of battles which we would have thought of as belonging to the hands of men, is as much G-d's will as if He himself performed these actions. The link between the two proclaims the idea that G-d's will is evident at every turn, even the decisions of kings and governments to go to war must be seen with spiritual rather than physical eyes.

This idea is also mentioned in Psalm 148 David asserts that not only all the spheres and all of nature praise G-d and do his work, but even "Kings and Judges of the Earth do their will". Such powerful people may think that they are fulfilling their own whims but are truly performing G-d's will in this world.

The end of the prophecy foretells the return of Egypt to their homeland, and the Israelites who are in exile would wonder if they too will return to Israel. Jeremiah therefore finishes with words of comfort, telling the Israelites not to fear, because they have not been forgotten by the Almighty.

Shabbat Shalom - Rabbi Steven, Siobhan, Maya, and Talia.

Cranbrook United Synagogue, Beehive Lane, Ilford, Essex. IG1 3RT, Tel: 020 8629 2780

email: admin@cranbrooksynagogue.org.uk Website: www.cranbrooksynagogue.org.uk