



**Shabbat, 7<sup>th</sup> January 2023 / 14<sup>th</sup> Tevet, 5783  
Vayechi**

**Service Times**

Mincha followed by Kabbalat Shabbat 3.53pm

Shacharit followed by Kiddush 9.30am

Mincha will follow Kiddush

**No Ma'ariv service**

Shabbat Ends 5.02pm

Next Friday: Mincha followed by Kabbalat Shabbat takes place at **4.02pm**. Candle lighting at 4.02pm.

After the service today we will be holding a special kiddush to honour our Eshet Chayil, Claire Barzilai, everyone is invited to join us in the Mark Lewis Hall.

We are open for **Shacharit** services, On **Sunday** at 8.15am, **Monday** at 7.05am, & **Thursday** at 7.05am.

We are open for **Ma'ariv** on **Monday - Thursday** at 7.30pm.

*If you can help to make up the weekday minyanim in Shul, please let us know by calling 020 8629 2780.*

Mincha takes place daily on Monday to Thursday at Chabad Gants Hill at **1.30pm**.

**Shabbat Family Lunch 'n Quiz - Shabbat, 28th January 2023**

Booking is now open, please call 020 8629 2780 or e-mail [admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk) to book your place.

**Torah Reading**

Sedra: Vayechi

Leyning: Bereishit: 47:28 - 50:26

Artscroll p 268, Soncino/Cohen p 296, Hertz p 180

Haftara: I Kings 2:1 - 2:12

Artscroll p 1145, Soncino/Cohen p 315, Hertz p 191

**Rabbi Steven Dansky**

**Howard Lewis**



***This week's Cranbrook News is kindly sponsored by  
Alan Lester in memory of his late father Nat Lester z"l.***

**Children's Service:** 10.30am

**Regular Weekday Services in the Main Synagogue**

**Shacharit:** Sunday & Public Holidays at 8.15am.

**Shacharit:** Monday and Thursday at 7.05am.

**Rosh Chodesh Shacharit:** Monday to Friday at 6.50am; Sunday at 8.15am.

**Ma'ariv:** Monday, Tuesday, Wednesday & Thursday at 7.30pm.

**Dates for the Diary**

**January**

Shabbat 7 <sup>th</sup>	<i>Eshet Chayil Kiddush</i>
Tuesday 10 <sup>th</sup> @ 3.30pm	<i>Coffee and Chat with Rev Newman</i>
Wednesday 11 <sup>th</sup> @ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Tuesday 17 <sup>th</sup> @ 12.30pm	<i>Lunch 'n' Learn with Rabbi Dansky</i>
	<i>Music Extravaganza @ 8pm</i>
Wednesday 18 <sup>th</sup> @ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Thursday 19 <sup>th</sup> @ 2pm	<i>Cranbrook Culture Club</i>
Shabbat 21 <sup>st</sup>	<i>Mevarachim Hachodesh</i>
Monday 23 <sup>rd</sup>	<i>Rosh Chodesh Shevat</i>
@ 4.00pm	<i>Men's Virtual Happy Hour</i>
Tuesday 24 <sup>th</sup> @ 3.30pm	<i>Coffee and Chat with Rev Newman</i>
Wednesday 25 <sup>th</sup> @ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Shabbat 28 <sup>th</sup>	<i>Shabbat Family Lunch 'n Quiz</i>
Tuesday 31 <sup>st</sup> @ 12.30pm	<i>Lunch 'n' Learn with Rabbi Dansky</i>

**February**

Wednesday 1 <sup>st</sup> @ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Thursday 2 <sup>nd</sup> @ 3.30pm	<i>Ladies Tea &amp; Chat</i>
Monday 6 <sup>th</sup>	<i>Tu B'Shevat</i>
Wednesday 8 <sup>th</sup> @ 10am	<i>Rabbi Dansky Weekly Shiur</i>



Join us at Cranbrook Synagogue for

# LUNCH 'N LEARN

WITH RABBI DANSKY

12:30PM START

£8 for lunch per session

6 DECEMBER 2022	17 JANUARY 2023	31 JANUARY 2023
14 FEBRUARY 2023	28 FEBRUARY 2023	14 MARCH 2023

PLEASE RSVP BY THURSDAY BEFORE THE SESSION VIA EMAIL AT [ADMIN@CRANBROOKSYNAGOGUE.ORG.UK](mailto:ADMIN@CRANBROOKSYNAGOGUE.ORG.UK) OR CALLING 020 8629 2780  
VEGETARIAN OPTIONS ARE AVAILABLE UPON REQUEST



Bookings close on 12<sup>th</sup> January for 17<sup>th</sup> January

**We wish the following members, who have Yahrzeit in the coming week, a long life: -**

Dena Aronberg, Karla Austin, Frank Baum, Elizabeth Benjamin, Howard Berlin, Shirley Bernstein, Bryan Besbrode, Kenneth Black, Lorraine Block, Susan Brattman, Jacqueline Burns, Fraser Cohen, Geoffrey Cohen, Mavis Danziger, Kitty Davis, Kenneth Demby, Howard Foreman, Ezekiel Gillis, Doreen Gold, Stephen Goldman, Laurence Goldsmith, Ernest Green, Joanne Green, Barbara Grew, Estelle Gudde, Herzel Halawi, Brenda Harris, Vivien Hoffman, Claire Hutchinson, Bernie Hyatt, Melinda Jason, Jeanette Kaye, Jessie Kenton, Gloria Kovler, Allen Langer, Jeffrey Leader, Alan Lester, David Lethbridge, Angela Levene, Sadie Levy, Lesley Levy, Sheila Levy, Patricia Lewis, Jean Lowi, Jennifer Marks, Shirley Marks, Pauline Meardon, Sandra Nerden, Marilyn Nieman, Mandie Preston, Martin Rankoff, Angela Roberts, Daniel Rose, Estelle Rosenbloom, Irving Rozansky, Josephine Russell, Evelyn Schneider, Joyce Senker, Philip Shamplina, Barry Shenker, Keith Shenker, Rita Shenker, Doris Sheril, Ruth Sherman, Howard Sterne, Sylvia Stoller, Shirley Vancliff, Eileen Vilka, Kenneth Wayne, Gerald Weiland, Audree Wershof, Wendy Werth, Lisa Woolf, Martin Worth and Paula Wyman.

# Mazel Tov מזל טוב

Jeffrey & Madeline Haimov (50<sup>th</sup>), Stephen & Anne Lee (45<sup>th</sup>) and Curtis & Daniella Lesser (1<sup>st</sup>) on their respective wedding anniversaries.

Betty Bush, Harvey Coulton, Kathleen Franks, Pamela Harris, Jean Lowi, Janet Mitchell, Daniel Preston on their respective birthdays.

Allen Langer on the engagement of his son Bradley to Jael.

## Pesach 5783 - Shalom Magazine No 8

Many thanks to everyone who submitted articles for the Rosh Hashanah Edition of the Shalom Magazine. We have had some excellent feedback from our readers. The next edition of the Shul Magazine will be No. 8 - the Pesach 5783 Edition. If you have any interesting or amusing articles with a Jewish content that you would like us to include, please email them as soon as possible to Philippa Stanton at [stanton.philippa@gmail.com](mailto:stanton.philippa@gmail.com).

All articles, pictures and stories must be received by **1st February 2023**. I have already started collecting new articles, so please e-mail me as soon as you can!

I look forward to hearing from you.  
Philippa Stanton - Editor

## CRANBROOK CULTURE CLUB

FROM J.S. BACH TO JOHN  
WILLIAMS: AN  
APPRECIATION OF  
CLASSICAL MUSIC

FASCINATING HISTORY  
PHILOSOPHY  
BREATHTAKING MUSIC  
SEE HOW MUSIC EVOLVED THROUGH  
THE CENTURIES

BEGINNING THE 19TH JANUARY  
2-3:30PM IN THE TIBBER LIBRARY  
SCHALLER HOUSE  
CRANBROOK SYNAGOGUE

MODULE ONE: THE BAROQUE ERA



Please RSVP to  
[admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk)  
to book your place



**Please call the Shul Office on 020 8629 2780 to  
book your place.**

**Cranbrook Monday Club**

The Cranbrook Monday Club is taking a break  
till early 2023.

### Forthcoming stone-settings

<b>11<sup>th</sup> January 2023</b>	<b>Ruth Williams</b>	Waltham Abbey	Noon
Mother of Barry Cooper			
<b>15<sup>th</sup> January 2023</b>	<b>Leila Delew</b>	Waltham Abbey	Noon
Mother of David Delew			
<b>22<sup>nd</sup> January 2023</b>	<b>Geoffrey Finegold</b>	Waltham Abbey	Noon
Husband of Marilyn Finegold			
<b>29<sup>th</sup> January 2023</b>	<b>Betty Spencer</b>	Waltham Abbey	Noon
Mother of Phil Spencer			

## News and Views

We bless our sons every week with the time-honoured solemn blessing Friday evening: “Yesimcha Elokim k’Ephrayim v’kiMenashe”, May G-d bless you like Ephraim and Menashe. This blessing is something that we certainly say so often, and we don’t really think about it properly, so I thought it would be a good idea to write about it. Why Ephraim and Menashe? Why not Yehuda and Yosef? Why not our forefathers - Abraham, Isaac, and Jacob? We bless the girls: “May G-d make you like Sarah, Rebecca, Rachel and Leah” our matriarchs, why not bless our sons after our patriarchs?



Finding balance between the external values of the world, and the internally imposed values on Torah create incredible tension. In some Jewish communities, the world is ignored, in others it is celebrated.

Our forefathers lived in the world of Canaan. They lived in a world which was completely focused on the internal, the spiritual. They were shepherds, because this occupation allowed them to focus only on the spiritual.

However, Ephraim and Menashe were born in the externally focused world of the diaspora in Egypt. Their challenge was dealing with the external world - all of its beauties, all those physical pleasures, without losing their core identity.

The balance between the two is incredibly hard - too much of a focus towards the spiritual and we lose our grip on the realities of life. Too much of a focus towards the physical and we forget G-d and the harsh realities of assimilation beckon towards us.

We therefore bless our children - be like Ephraim and Menashe - be two individuals who lived in Egypt, the mecca of the ancient world, a world of cruelty, brutality and debauchery, and **yet still** managed to hold on to the values and ethos of the Torah. Seeing the world as it is and recognising our responsibilities within it was the domain of Ephraim and Menashe. Not bowing to the whims of society, but not ignoring society and its demands. Standing in this world firmly with our feet, but our heads held high in the heavens, is the challenge for every single Jew.

May G-d give us the wisdom to be like Ephraim and Menashe, to provide a light to our people and to the nations of the world. May we all be blessed and kept, may we all be guarded and protected - may G-d shine his face upon all of us and grant us peace.

I wish you all a good Shabbos.

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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email: [admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk) Website: [www.cranbrooksynagogue.org.uk](http://www.cranbrooksynagogue.org.uk)

**Shabbat Family Lunch 'n Quiz**  
**PARENTS VS TEENS**  
**28 JANUARY**  
£20 per family  
Fun programme for kids under 11!  
**GREAT PRIZES**  
Please RSVP to [admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk) to book your place