



# CRANBROOK NEWS

22 Beehive Lane ● 020 8629 2780



Shabbat, 16<sup>th</sup> March 2024 / 6<sup>th</sup> Adar Sheni 5784

פֶּקֻדֵי - פְּקוּדֵי

### Service Times

Mincha followed by Kabbalat Shabbat

5.50pm

Shacharit followed by Kiddush

9.30am

Mincha follows Kiddush

after 12.39pm

**No Ma'ariv service**

Shabbat Ends

6.53pm

**Sunday – Mincha/Ma'ariv at Ilford Federation, 2A Clarence Ave, Ilford, IG2 6JH @ 5.50pm**

Next Friday: Mincha followed followed by Kabbalat Shabbat at **6.02pm**

**This week's Kiddush is kindly sponsored by Estelle and Martin Silver on the occasion of his 90<sup>th</sup> birthday.**

Karen & Derek Brent on their Gold (50th) Wedding Anniversary.

Natalie & Geoffrey Curtis on their Gold (50th) Wedding Anniversary.

Joshua Abraham, Irving Austin, Helen Brent, Raymond Franks, Sara Harris, Jeanette Lindner and Miriam Rosenberg and Martin Silver on their respective birthdays.

Shirley Palmer on her Grandson's Barmitzvah this weekend.



### Torah Reading

Leyning: Pekudei

Sefer Shemot: 38:21 - 40:38

Artscroll p 530, Hertz p 385, Cohen/Soncino p 591

Haftoro: I Kings 7:51 - 8:21

Artscroll p 1164, Hertz p 392, Cohen/Soncino p 601

*Rabbi Steven Dansky*

*Alex Kent*

*This week's Cranbrook News is kindly sponsored by Barbara Mervish and family, in loving memory of Reuben Symons, Reuven ben Shaul z"l.*

**Children's Service:** 10.30am  
**Regular Weekday Services:** Sunday, Monday, and Tuesday at **Ilford Federation Synagogue;** Wednesday, Thursday, and Friday at **Cranbrook United Synagogue.**  
**Shacharit:** Sunday & Public Holidays at **8.30am.**  
**Shacharit:** Monday & Thursday at **7.20am.** Tuesday, Wednesday, and Friday at **7.30am.**  
**Rosh Chodesh Shacharit:** Sunday at **8.30am;** Monday to Friday at **7.10am.**  
**Mincha:** Monday to Thursday at 1.30pm at **Chabad Gants Hill**  
**Ma'ariv:** Monday, Tuesday, Wednesday & Thursday at **7.30pm.**

**Dates for the Diary**

<b>March</b>		
Monday 18 <sup>th</sup>	@12.30pm	<i>Lunch &amp; Learn with Rabbi Dansky</i>
Tuesday 19 <sup>th</sup>	@8pm	<i>Music Extravaganza Night</i>
Wednesday 20 <sup>th</sup>	@10am	<i>Rabbi Dansky Weekly Shiur</i>
	@2pm	<i>Cranbrook Culture Club</i>
Thursday 21 <sup>st</sup>		<i>Fast of Esther (4.22am – 6.58pm)</i>
Shabbat 23 <sup>rd</sup>		<i>Shabbat Zachor</i>
		<i>Megillah Reading @ 7.40pm</i>
Sunday 24 <sup>th</sup>		<i>Purim / Megillah Reading at 11am</i>
Monday 25 <sup>th</sup>		<i>Shushan Purim</i>
Wednesday 27 <sup>th</sup>	@ 10am	<i>Rabbi Dansky Weekly Shiur</i>
Friday 29 <sup>th</sup>		<i>Bank Holiday</i>
Shabbat 30 <sup>th</sup>		<i>Shabbat Parah</i>
		<i>British Summer Time Begins</i>
<b>April</b>		
Monday 1 <sup>st</sup>		<i>Bank Holiday</i>
Shabbat 6 <sup>th</sup>		<i>Mevarachim HaChodesh</i>
		<i>Shabbat HaChodesh</i>
Tuesday 9 <sup>th</sup>		<i>Rosh Chodesh Nisan</i>




*Bookings will close on Monday, 18<sup>th</sup> March.*

**We wish the following members, who have Yahrzeit in the coming week, a long life: -**

Jack Alter, Sandra Baum, Barry Blitz, Samuel Blitz, Melvyn Blitz, Melissa Bronzite, Frederick Cohen, Joan Dobin, Martin Field, Shirley Gold, Zane Grant, Shirley Herst, Marsha Kay, Lillian Kirsch, Sylvia Kopkin, Solomon Macatonia, Barry Mandel, Claire Michaels, Sheila Penfield, Max Placks, David Reed, David Ross, Hyman Shinett, Robert Spill, Phyllis Stillerman, Warren Vickers and Howard Walters.

**MUSIC APPRECIATION  
EXTRAVAGANZA**



**TUESDAY 19TH MARCH**

**SONG TITLES CONTAINING  
JOBS & PROFESSIONS - PART 2**

**EG: THE GAS MAN COMETH - FLANDERS & SWAN**  
**EG: THE BOXER - SIMON & GARFUNKEL**


**8.00PM - 9.30PM**

**Hosted by: STEPHEN COLMAN & TONY KAYE**

**Different Theme each time**  
**Email Stephen with your suggestions**

**src2008A@gmail.com**

Queries to Robin Abrahams - 07956617669  
Zoom: <https://tinyurl.com/musicextravaganza>  
ID: 823 7234 9872 Passcode: 157750



Please note change of time and venue!

**CRANBROOK  
CULTURE CLUB**



MOZART: SYMPHONIES  
CONCERTI AND "THE  
MAGIC FLUTE"

FASCINATING HISTORY  
PHILOSOPHY  
BREATHTAKING MUSIC

WEDNESDAY, 20 MARCH 2024

2:00 PM - 3:15 PM AT THE TIBBER  
LIBRARY

REFRESHMENTS INCLUDED

Please RSVP to  
[admin@cranbrooksynagogue.org.uk](mailto:admin@cranbrooksynagogue.org.uk)  
to book your place

Please note the next Culture Club with Rabbi Dansky will take place on **Wednesday, 20th March** from 2pm to 3.15pm.

Please call or email the Office to book your place by **2pm** on **Monday, 18th March**.

The shul website is now password protected please e-mail [webmaster@cranbrooksynagogue.org.uk](mailto:webmaster@cranbrooksynagogue.org.uk) or WhatsApp 07956 617669 to get the password.

### Forthcoming stone-settings

<b>17<sup>th</sup> March 2024</b>	<b>Ivor Miller</b>	Waltham Abbey	11.00am
Husband of Anita Miller			
<b>17<sup>th</sup> March 2024</b>	<b>Martin Mercer</b>	Waltham Abbey	11.30am
Father of Michael Mercer			
<b>17<sup>th</sup> March 2024</b>	<b>Gabriel Shine</b>	Waltham Abbey	Noon
Husband of Shirley Shine			

**There will be a Megillah reading at 11am on Sunday 24<sup>th</sup> March.**

## News and Views

In this week's Parasha, we are told about the building of the Mishkan. The Torah tells us that the Aron was built of gold with three boxes which fitted into each other. The inner box was made of gold, while the middle box was made of wood and the outer box was made of gold. Why did it need to be built in that way?

Wouldn't it have been easier to make it all out of gold, or all out of wood?

The Talmud in Yoma brings a very important principle from here. Just like the internal box of the Aron was gold and the external box was gold, so too a person should conduct himself in a congruent manner. His insides, and the way that he feels about himself, about G-d and about his family should be expressed in exactly the same way to the outside world. He needs to be congruent. What he or she feels on the inside must be expressed on the inside.

This is especially true of those who teach others. The Talmud recalls a time when students whose internal thoughts and external behaviour were not congruent, were not allowed to learn in the study halls of Yavneh, one of the great Yeshivot of the sages. The reason for this was that if a person studies and becomes a teacher, everything about their teaching must be congruent. It is impossible to teach about morality if you are not moral, about honesty if you are not honest. If a student learns from a teacher who lacks this congruence, then he or she is not only likely to disregard the teaching, but the Torah as well. They might say that if this teacher is hypocritical in his teaching, the subject itself cannot be authentic.



One need look no further than to the state of the Roman Catholic Church to see this idea in action. There is far less support for this church, since some of its teachers have been found to be morally lacking. It is not only the individual teachers who are judged, but the entire institution which is judged and found wanting when there is lack of coherence and congruence in the lives of the teachers themselves.

This idea of being authentic and congruent is a very important subject which needs to be spoken about more. People are so frightened of not being accepted that they do all sorts of things which they might not ordinarily do. They might lose inordinate amounts of weight in an attempt to look more like the celebrities; they might agree to the status quo for fear of reprisals and social contempt if they do not. They are various shades of everybody else, but they are not themselves.

This may also be true of Judaism. People might say that it is not cool to be Jewish, and that in our desire to conform to the rest of the world, we may put it on the backburner, rather than proudly proclaim our individuality: to be Jewish people with a proud history and a beautiful heritage. Our challenge is truly to be ourselves in a world which hungers for conformity, and to celebrate our diversity as Jews rather than hiding it from the world.

I wish you all a good Shabbos.

Rabbi Steven, Siobhan, Maya and Talia Dansky.