



CRANBROOK NEWS

22 Beehive Lane ● 020 8629 2780



Shabbat, 6th April 2024 / 27th Adar Sheni 5784
Shemini / Shabbat HaChodesh / Shabbat Mevarachim

Service Times

Mincha followed by Kabbalat Shabbat	7pm
Shacharit followed by Kiddush	9.30am
No Mincha or Ma'ariv service	
Shabbat Ends	8.31pm
Next Friday: Mincha followed followed by Kabbalat Shabbat at 7pm (7.38pm)	

Ruth and Mervyn Lyndon invite you to join them for kiddush after the service in the Mark Lewis Hall to celebrate Mervyn's birthday.



Sheila Benson, Alan Harrison, Michael Hutchinson, Shirley Marks, Manny Robinson, Evelyn Schneider, Ruth Sherman and June Whitesman on their respective birthdays.

Monica and Phillip Cohen on the birth of their great granddaughter, Chana Mina in America.

Rosh Chodesh Nisan is next **Tuesday, 9th April** (B'Yom Shlishi) and we bless the new month today. The Molad (the time of the first sighting of

the moon in Jerusalem) is on Monday, April 8, 2024, 10:57 pm and 7 *chalakim*. Shacharit will be slightly earlier at 7.10am on Tuesday morning.

The Yellow Candle Project, managed by Maccabi GB, is a practical and informal educational tool to remember Jewish Holocaust victims on Yom HaShoah, and broaden participants' understanding of the Holocaust, in the safe space of their homes.



Torah Reading

Leyning: Shemini
Vayikra: 9:1-11:47
Artscroll p 588, Hertz p 443, Cohen/Soncino p 561
Maftir: Shemot: 12:1 - 12:20
Artscroll 348, Hertz 253, Soncino/Cohen 386
Haftarah: Ezekiel 45:16 - 46:18
Artscroll p 1218, Hertz p 1001, Soncino/Cohen p 1195

Rabbi Steven Dansky

Martin Bloomberg

This week's Cranbrook News is kindly sponsored by Michael Griver in loving memory of his late father, Leslie Griver, Eliezer Ben Aaron zt"l.

Children's Service: 10.30am
Regular Weekday Services: Sunday, Monday, and Tuesday at **Ilford Federation Synagogue;** Wednesday, Thursday, and Friday at **Cranbrook United Synagogue.**
Shacharit: **Sunday 7th April @ 8am** & Public Holidays at **8.30am.**
Shacharit: Monday & Thursday at **7.20am.** Tuesday, Wednesday, and Friday at **7.30am.**
Rosh Chodesh Shacharit: Sunday at **8.30am;** Monday to Friday at **7.10am.**
Mincha / Ma'ariv: Sunday, Monday, Tuesday, Wednesday & Thursday at 7.30pm.

Dates for the Diary		<i>Sale of Chametz</i>
April		
Shabbat 6 th	<i>Mevarachim HaChodesh Shabbat HaChodesh</i>	<p>There is a specific mitzvah to sell one's chametz before Pesach, and it's very easy to do! The Sale of Chametz form will be sent out in the pre-Pesach mailing or you can access it online immediately. All you need to do is complete the form and send it back to the Shul office by Sunday 21st April 2024. Although not strictly necessary, it is preferable that the form be handed over directly to Rabbi Danksy, as you are appointing him to sell your Chametz on your behalf.</p> <p>This process takes no more than about 10 seconds! Rabbi Danksy is happy to receive forms at any mutually convenient time. If you are going to be away for Pesach, the process is the same, but you must let the Rabbi Danksy know, so that an adjustment can be made accordingly.</p> <p><i>The form can now be downloaded from the Shul website.</i></p>
Tuesday 9 th	<i>Rosh Chodesh Nisan</i>	
Tuesday 16 th	<i>Online Music Extravaganza</i>	
Shabbat 20 th	<i>Shabbat HaGadol</i>	
Monday 22 nd	<i>No Chametz after 10.36am Burn Chametz by 11.48am 1st Seder Night</i>	
Tuesday 23 rd	<i>1st Day Pesach 2nd Seder Night</i>	
Wednesday 24 th	<i>2nd Day Pesach</i>	
Thursday 25 th	<i>Chol Hamoed</i>	
Friday 26 th	<i>Chol Hamoed</i>	
Shabbat 27 th	<i>Shabbat Chol Hamoed Song of Songs</i>	
Sunday 28 th	<i>Chol Hamoed</i>	
Monday 29 th	<i>7th Day Pesach</i>	
Tuesday 30 th	<i>8th Day Pesach Yizkor</i>	
Rabbi Danksy's weekly shiur will resume on 8th May at 10am.		

We wish the following members, who have Yahrzeit in the coming week, a long life: -

Lilian Black, Adrienne Braham, Rosalind Burns, Sidney Cohen, Harvey Cohen, Irene Collins, Betty Cooper, Sandra Dollow, Bruria Eisen, Deborah Epstein, Manuel Feldman, Clive Filek, David Flaum, Laurence Freedman, Barbara Grossman, Carole Harris, Pearl Hiller, Victoria Joffe, Deanna Karp Deanna Klein, Antony Laiker, Sadie Langsman, Susan Lasky, Leslie Leigh, Sally Leigh, Edward Leon, Roy Levene, Eleanor Lyndon, Norma Maisner, Denise Mallach, Joy Mallach, Gloria Marks, Merissa Metzger, Shirley Millar, Malcolm Nathan, Russell Prince, Victor Reuben, Natalie Rubin, Dennis Salador, Vivienne Springer, Barbara Stone, Maureen Summers, Roberta Tobe, Blanche Van Gelder and Barbara Wallen.



Clarification regarding the Shabbat times during the summer months

Ordinarily Shabbat begins 18 minutes before sunset. However, as we enter the long days of summer in our community, we will be bringing Shabbat in at the earlier time of **7.40 pm**.

This will allow our members to have their Friday night meal at a more convenient hour.

For the benefit of our members who are unable to light candles with the rest of the community at **7.40 pm**, we have put the latest time for candle lighting in brackets.

Kabbalat Shabbat will take place at 7pm throughout the summer.

As the cost-of-living crisis persists, US Chesed performs countless acts of kindness – providing critical support to thousands of United Synagogue members and the wider community. This includes sending food parcels and cooked meals to those in real need; helping with Pesach costs; staying in touch with elderly or isolated people; visiting those in hospital and prison and providing bursaries for children to go on Tribe camps.

To ensure US Chesed can support **everyone** who needs our help, we're running a matched-funding campaign this Sunday, Monday and Tuesday.

Please donate NOW by visiting www.charityextra.com/uschesed/cranbrook or calling 020 8343 6260 – and your donation will be doubled!

Any amount, big or small, will bring us closer to our goal of supporting everyone in our community that needs help.

Thank you in advance for your generosity!

Condolences to: The family of Laura Mendoza.

Forthcoming stone-settings

7th April 2024	Anthony Eisen	Waltham Abbey	10.30am
Brother of Rose Blitz			
7th April 2024	Audrey Davis	Waltham Abbey	12.30pm
Mother of Beverley Davis			
7th April 2024	Phoebe Morris	Waltham Abbey	1.00pm
Mother of Jan Diamond			
7th April 2024	Maurice Lesley	Stock Road, SOS	2.30pm
Father of Alison Keizner			
7th April 2024	Cyril Vancliff	Waltham Abbey	3.30pm
Husband of Shirley Vancliff, father of Deborah Gandz			
14th April 2024	Sylvia Cohen	Waltham Abbey	11.30am
Mother of Maxine Stean			

News and Views

This week's parasha deals with, amongst other things, the laws regarding animals which can be eaten and those that cannot be eaten. One can eat meat which comes from an animal which has split hooves and chews the cud; however, animals which do not have both of these signs cannot be eaten.

If we had just these verses, one might mistakenly think that the Torah is giving us carte blanche to have a completely meat diet. However, the Torah tells us in Deuteronomy that meat eaten should be "like a deer and a hyrax". The Kli Yakar (1550-1619) explains that both of these animals are not domesticated animals. They are found in forests and in deserts, places which are innately dangerous places to visit. There are other dangerous predators around like lions and wolves which one would have to contend with if one is to hunt a deer or a hyrax. It is therefore logical to suggest that actually successfully hunting a wild animal for its meat is something that doesn't occur very often.

The Kli Yakar suggests that this should be our attitude to eating meat - it should not be something that we eat all the time, rather it should be reserved for special occasions. The reason for this is because while it is permitted to eat animals which have split hooves and chew the cud, it is dangerous to overdo it; once one eats too much, one gains animalistic qualities - the disposition to tear and eat when we are hungry comes from a callous attitude towards life itself, and that is something from which we should distance ourselves.

It would therefore seem that eating meat of any kind is something permitted but something that we should refrain from doing too much. However, the Talmud states specifically that eating meat is a commandment on the festivals. There are clear verses in the written Torah itself which support this verse. How are we to reconcile ourselves between the obligation to eat meat during these times, and the view of the Kli Yakar who states that meat should be eaten sparingly?



I believe that the answer is the context in which meat is eaten. Yes, meat is something which promotes a callous attitude towards life. However, eating meat during the festivals is somewhat different, because eating meat on these holy days ensures that the focus of the day is not upon fulfilling a personal desire to eat meat, but rather towards a Godly purpose - G-d has commanded us to do it. Yes, the result of eating meat is symbolic of joy, but that joy is mandated by G-d himself. Perhaps that is why the commandments of eating meat are

so important, because it causes the meat to transcend its base and callous implications and turns it into something spiritual and purposeful.

I wish you all a good Shabbos.

Rabbi Steven, Siobhan, Maya and Talia Dansky.

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